

## Working with Parents and Children Affected by Intergenerational Disadvantage

### Dr Nick Kowalenko

#### Psychiatrist

Nick Kowalenko is the immediate past Chair, Faculty of Child and Adolescent Psychiatry, Royal Australian and New Zealand College of Psychiatrists.

He chairs the Tresilian Family Care Centres Council in New South Wales and is Senior Clinical Lecturer, University of Sydney and Head of Perinatal and Infant Mental Health Studies at the NSW Institute of Psychiatry.

He is the Oceania Regional Coordinator, IACAPAP and he co-edited the Medical Journal of Australia's (MJA's) supplement 'Children of Parents with a Mental Illness' and champions mental health early intervention and illness prevention in young people.



She is the ANU lead for the National Workforce Centre for Child Mental Health, an initiative to support workforces identify, assess and support children under 12 years who are at risk of experiencing mental illness.

### Mr Chris Dolman

#### Social Worker

Chris Dolman is a social worker who has been working for the past fifteen years with individuals, couples and families facing a broad range of concerns in their lives and relationships.



Chris currently works with Emerging Minds and the National Workforce Centre for Child Mental Health, as well as a narrative therapist with Country Health SA, providing consultations via video link to people living in rural and remote South Australia.

Previously Chris has worked as a counsellor, supervisor and manager in a family and relationships counselling service with Uniting Communities with a particular focus around responding to family violence and the effects of childhood sexual abuse. He holds a Master of Narrative Therapy and Community Work and is a member of the Dulwich Centre Teaching Faculty.

### Ms Nicola Palfrey

#### Psychologist

Nicola Palfrey is a clinical psychologist and researcher who has worked extensively with children, adolescents and adults, who have experienced significant adversity and trauma.



In her current role as Director of the Australian Child & Adolescent Trauma, Grief & Loss Network at the Australian National University (ANU), she is responsible for developing and delivering resources, training and interventions based on the latest evidence to support individuals and families affected by adversity and trauma.

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**Facilitator: Mr Dan Moss**

**Workforce Development Manager**

Dan most recently worked as Assistant Director, Performance, Reporting and Evaluation at Department for Child Protection. In this role he worked closely with the Early Intervention Research Directorate to explore the social determinants of child disadvantage and child protection involvement.



Previously, Dan worked for fifteen years as a practitioner, supervisor and senior manager in a range of services at Uniting Communities with children, parents and families dealing with the effects of family violence, child sexual abuse, mental health conditions and drug and alcohol use.

As a practitioner, Dan had a strong interest in narrative and strength-based engagement strategies with children, parent and families. Dan has recently submitted his PhD thesis which includes research on approaches to men's behaviour change programs and a creative writing component.

