

Infant and Child Mental Health Professional Development Webinar Series

SUPPORTING RESOURCES

Engaging with children and parents with complex needs – a systems approach

Emerging Minds resources:

- Supporting children in families with complex needs: Nine tips for practitioners who feel out of their depth, Rhys Price-Robertson and Courtney Schuurman, 2019
 https://emergingminds.com.au/resources/supporting-children-in-families-with-complex-needs-nine-tips-for-practitioners-who-feel-out-of-their-depth/
- Keeping children visible in practice responses to family and domestic violence, Dan Moss and Chris Dolman, 2018 https://emergingminds.com.au/resources/keeping-children-visible-in-practice-responses-to-family-and-domestic-violence/

Online resources:

- Example of a privacy policy from Relationships Australia SA which enables quality improvement and audit using information about clients: www.rasa.org.au/privacy
- RACGP guidance about secondary use of clients' information: www.racgp.org.au/running-a-practice/security/managing-practice-information/secondary-use-of-general-practice-data
- Australian Government guidance about privacy: www.oaic.gov.au/agencies-and-organisations/guides/guide-to-developing-an-app-privacy-policy
- The Family DOORS tool (including the DOOR 1 by Jenn McIntosh) and free app access: www.familydoors.com/
- Chris Mackey podcast on We All Wear It Differently about using data in his practice: https://weallwearitdifferently.com/2017/06/drchrismackey/
- Scott Miller on *Shrink Rap* radio about the evidence base for therapy and counselling: https://shrinkrapradio.com/66-what-really-works-in-therapy/
- Scott Miller's blog and access to tools for using client feedback in practice: <u>www.scottdmiller.com/routine-outcome-monitoring-and-deliberate-practice-fad-or-phenomenon/</u>



This resource was co-produced by MHPN and Emerging Minds for the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) project. The NWCCMH is led by Emerging Minds and delivered in partnership with the Australian Institute of Family Studies (AIFS), the Australian National University (ANU), the Parenting Research Centre (PRC) and the Royal Australian College of General Practitioners (RACGP). The NWCCMH is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.



 Australian Institute Family Studies (AIFS) practice guides on doing evaluation: https://aifs.gov.au/cfca/topics/evaluation

References

- Amos J, Segal L, 'Disrupting intergenerational maternal maltreatment in middle childhood: Therapeutic objectives and clinical translation', *Frontiers in Psychiatry*, 27 Nov 2018.
- Amos J, Segal L, 'The relationship between child maltreatment, inequalities and later health outcomes', Chapter 4 in: Humanising Mental Health Care in Australia A Guide to Trauma-informed Approaches, R Benjamin, J Haliburn and S King (eds), forthcoming in 2019 (29 January).
- Amos J, Segal L, Cantor C, 'Entrapped mother, entrapped child: agonic mode, hierarchy and appeasement in intergenerational abuse and neglect', J. Child & Family Studies 2015 24(5):1442– 1450, doi:10.1007/s10826-014-9950-3.
- Amos J, Furber G, Segal L, 'Understanding maltreating mothers: a syntheses of relational trauma, attachment disorganization, structural dissociation of the personality and experiential avoidance', Journal of Trauma and Dissociation, 12(5):495-509, doi:10.1080/15299732.2011.593259, 2011.
- Dalziel K, Dawe S, Harnett PH, Segal L, 'Cost-effectiveness evaluation of the Parents Under Pressure Programme for methadone-maintained parents', Child Abuse Review 2015 Mar;24(5):317–331, doi:10.1002/car.2371.
- Dalziel K and Segal L, 'Home visiting programmes for the prevention of child maltreatment: cost effectiveness of 33 programmes', Archives of Disease in Childhood 97(9):787-798, doi:10.1136/archdischild-2011-300795, September 2012.
- Dalziel K, Halliday D, Segal L, 'Assessment of the cost-benefit literature on early childhood education for vulnerable children: What the findings mean for policy', SAGE Open 2015 Feb;5(1)2158244015571637, doi: 10.1177/2158244015571637.
- Doidge JC, Higgins DJ, Delfabbro P, Segal L, 'Risk factors for child maltreatment in an Australian population-based birth cohort', Child Abuse & Neglect 2017 Feb;64:47–160, doi: 10.1016/j.chiabu.2016.12.002
- Dowell C, Preen D, Mejia G, Segal L, 'Determinants of infant mortality for children of women prisoners: a longitudinal linked data study', BMC Pregnancy and Childbirth 2018 Jun 6;18:202, doi: 10.1186/s12884-018-1840-z.
- Dowell C, Preen D, Mejia G, Segal L, 'Low birth weight and maternal incarceration in pregnancy: A longitudinal linked data study of Western Australian infants', SSM – Population Health, vol 7 April 2019

- Dowell C, Preen D, Segal L, 'Quantifying maternal incarceration: a whole-population linked data study of Western Australian children born 1985-2011', *Australian & New Zealand Journal of Public Health*, 2017;41(2):151–157, doi: 10.1111/1753-6405.12613
- Dowell CM, Mejia GC, Preen DN, Segal L, 'Maternal incarceration, child protection, and infant mortality: Infant children of women prisoners in Western Australia', *Health and Justice*, 2018 Jun 6;6:2, doi: 10.1186/s40352-018-0060-y8
- Loughhead M, Furber G, Guy S, Segal L, 'Consumer views on youth-friendly mental health services in South Australia?' Advances in Mental Health, 2018;16(1)33–47. doi: 10.1080/18387357.2017.1360748
- Furber G, Segal L, 'The validity of the Child Health Utility instrument (CHU9D) as a routine outcome measure for use in child and adolescent mental health services', Health and Quality of Life Outcomes 2015 Feb;13:22. doi: 10.1186/s12955-015-0218-4.
- Furber G, Segal L, Leach M, Turnbull C, Procter N, Diamond M, Miller S, McGorry P, 'Preventing mental illness: closing the evidence-practice gap through workforce and services planning', BMC Health Services Research 2015 Jul;15:283, doi: 10.1186/s12913-015-0954-5.
- Furber G, Leach M, Guy S, Segal L, 'Developing a broad categorisation scheme to describe risk factors for mental illness, for use in prevention policy and planning', Australian and New Zealand Journal of Psychiatry, 2017 Mar;51(3):230–240. doi: 10.1177/0004867416642844
- Furber G, Segal L, Amos J, Kasprzak A, 'Outcomes of therapy in high risk mother-child dyads in which there is active maltreatment and severely disturbed child behaviours, Journal of Infant, Child, and Adolescent, Psychotherapy 2013;12(2):84-99, doi: 10.1080/15289168.2013.791166.
- Gospodarevskaya E, Segal L, 'Cost-utility analysis of different treatments for post-traumatic stress disorder in sexually abused children', Child and Adolescent Psychiatry and Mental Health 6:15, April 2012.
- Guy S, Furber G, Leach M, Segal L, 'How many children in Australia are at risk of adult mental illness?', Aust. & NZ J. of Psychiatry, 2016 Dec;50(12):1146–1160 doi: 10.1177/0004867416640098.
- Habel L, Clark R, Segal L, 'Interest from tertiary educated persons in fostering children with higher care needs under a professional (paid) model compared with general foster care', Australian Social Work 2013;66(1):8–25, doi: 10.1080/0312407X.2012.732587.
- Hanckel J, Segal L, 'The Inspir=Ed Project, a holistic early childhood project for enhancing parent-child wellbeing', Childhood Education 2016;92(1):10–21, doi: 10.1080/00094056.2016.1134236.
- Nguyen H, Segal L, 'A preliminary cost effectiveness analysis of the Queensland Helping out Families initiative, a report to the Queensland Child Protection Inquiry', Appendix E Taking Responsibility: a roadmap for Queensland Child Protection, report by Queensland Child Protection Commission of Inquiry, pp 607-617, 28 June 2013.

- Nguyen H, Zarnowiecki D, Gent D, Boffa J, Segal L, 'Feasibility of implementing infant home visiting in a Central Australian Aboriginal community', Prevention Science, 2018 0ct;19(7):966–976, doi: 10.1007/s11121-018-0930-5.
- Segal L, Nguyen H, Final Report: Evaluation of the Intensive Family Support Services (IFSS) implemented by Central Australian Aboriginal Congress Aboriginal Cooperation, report to Central Australian Aboriginal Congress Aboriginal Cooperation, 26 August 2014.
- Segal L, Dalziel K, Papandrea K, 'Where to invest to reduce child maltreatment a decision framework and evidence from the international literature', Appendix F Taking Responsibility: a roadmap for Queensland Child Protection, report by Queensland Child Protection Commission of Inquiry, pp 619-641,
- Segal L., Opie RS, Dalziel K, 'Theory! The missing link in understanding the performance of neonate/ infant home visiting programs for the prevention of child maltreatment: A systematic review', Milbank Quarterly vol 90(1):47-106, March 2012
- Segal, Dalziel K, 'Investing to protect our children: using economics to derive an evidence-based strategy', Child Abuse Review 20:274-289, doi: 10.1002/car.1192, 2011
- Segal L, Doidge J, Amos J, 'Determining the determinants: Is child abuse and neglect the underlying cause of the socio-economic gradient in health?', Chapter 13 in Determining the Future: A Fair Go and Health for All, eds Martin Laverty and Liz Callaghan, Connor Court Publishing, Ballan, Victoria, 2011.
- Segal L, 'Submission to The Royal Commission into the Prevention and Detention of Children in the Northern Territory', Australia, 25 May 2017.
- Segal L, 'Economic issues in the community response to child maltreatment, In: Mandatory reporting laws and the identification of severe child abuse and neglect', Child Maltreatment: Contemporary Issues in Research and Policy, Volume 4, Chapter 10, pp 193–216, B Mathews & D Bross (eds), Springer: New York, March 2015, doi: 10.1007/978-94-017-9685-9_10.
- Segal L, Nguyen H, Gent D, Hampton C, Boffa J, 'Child protection outcomes of the Australian Nurse Family Partnership Program for Aboriginal infants and their mothers in Central Australia', PLoS One, in press 2018.
- Segal L, Guy S, Leach M, Turnbull C, Groves A, Furber G, 'A needs-based workforce model to deliver tertiary-level community mental health care for distressed infants, children and adolescents in South Australia: a mixed-methods study', Lancet Public Health 2018 Jun;3(6):e296–e303, doi: 10.1016/S2468-2667(18)30075
- Segal L, Guy S, Furber G, 'What is the current level of mental health service delivery and expenditure on infants, children, adolescents, and young people in Australia?', Australian and New Zealand Journal of Psychiatry, 2018 Feb;52(2):163–172. doi: 10.1177/0004867417717796

- Segal L, Amos J, 'Why pregnancy and the post-natal period pose an elevated risk of mental illness, but also a unique opportunity to intervene', Australian Midwifery News, 2018(Winter):23– 24
- Twizeyemariya A, Guy S, Furber G, Segal L, 'Risks for mental illness in Indigenous Australian children: A descriptive study demonstrating high levels of vulnerability', Milbank Quarterly, 2017;5(2):318–357. doi:10.1111/1468-0009.12263
- Zarnowiecki D, Nguyen H, Hampton C, Boffa J, Segal L, 'The Australian Nurse Family Partnership Program for Aboriginal mothers and babies: Describing client complexity and implications for program delivery', Midwifery 2018 Oct;65:72–81, doi:10.1016/j.midw.2018.06.019.