

## Introducing child and family practice to parents

### Emerging Minds resources:

#### E-learning courses

Engaging with Parents – An Introduction:

<https://learning.emergingminds.com.au/login?redirect=%2Fcourse%2Fengaging-with-parents-an-introduction>

Engaging with Children:

<https://learning.emergingminds.com.au/login?redirect=%2Fcourse%2Fengaging-with-children>

Child-Aware Practice:

<https://learning.emergingminds.com.au/login?redirect=%2Fcourse%2Fchild-aware-practice>

#### Podcasts

Six key practice positions for engaging families:

<https://emergingminds.com.au/resources/podcast/six-key-practice-positions-for-engaging-families/>

Mentalisation and parent-child therapy:

<https://emergingminds.com.au/resources/podcast/mentalising-based-therapy/>

#### Practice papers

Why is it difficult for parents to talk to practitioners about their children's mental health?:

<https://emergingminds.com.au/resources/why-is-it-difficult-for-parents-to-talk-to-practitioners-about-their-childrens-mental-health/>

Practical strategies for engaging children in a practice setting:

<https://emergingminds.com.au/resources/practical-strategies-for-engaging-children-in-a-practice-setting/>

#### Apps

Child360: <https://emergingminds.com.au/resources/child360-app/>

## Online resources

**The Parenting Research Centre** has curated a list of high-quality resources, developed in Australia and internationally, to support service providers to make the most of digital technologies in delivering parenting support.

<https://www.parentingrc.org.au/telepractice/telepractice-resources/>

**Raising Children Network** has a section with tools, links and resources to help you support families and help parents gain confidence and develop skills.

<https://raisingchildren.net.au/for-professionals/working-with-parents>

## Further reading

Barkley, R. (2014). Attention-Deficit Hyperactivity Disorder: A Handbook for Diagnosis and Treatment, Fourth Edition.

Levine, K. (2013). Capacity building and empowerment practice. In B. Trute & D. Hiebert-Murphy (Eds.), Partnering with parents: Family-centred practice in children's services (pp. 107–129). Toronto, Canada: University of Toronto.

Madsen, W. C. (2013). Collaborative therapy with multi-stressed families. New York, NY: Guilford Press.