

## Infant and Child Mental Health Professional Development Webinar Series

## WEBINAR PANEL

## Practice skills of working with children who have experienced trauma



Kate Headley
Speech Pathologist,
NSW

After studying at the University of Newcastle, Kate

has worked extensively as a speech pathologist in the disability sector providing direct therapeutic services, clinical supervision, community capacity building projects and student education.

Kate's work across Western New South Wales has helped her develop her knowledge of the unique challenges faced by allied health providers and service users living in rural and remote areas and provided an opportunity to develop her understanding and skills in culturally appropriate service for Aboriginal and Torres Strait Islander children, their families and their communities.

Kate currently works as part of a multidisciplinary clinical research project evaluating the effectiveness of providing trauma focused interventions to children living in Out-of-home-care in Newcastle, New South Wales.

This work has allowed Kate the opportunity to focus on early intervention strategies to improve quality of life outcomes for children and teenagers who face a range of vulnerabilities. Kate combines this role with her private speech pathology practice and works as a primary school teacher.



Dr Jacqueline Amos Psychiatrist, SA

Dr Jacqueline Amos is a child and adolescent psychiatrist and a Gestalt psychotherapist.

She worked as a community Child and Adolescent Mental Health Services (CAMHS) psychiatrist for seventeen years, where she supported many children and their families after experiencing trauma. Jacqueline now works for Centacare, Adelaide, in the Children's Services Unit.

In her doctoral research, Jacqueline developed two complementary and clinically informative models of intergenerational transmission of trauma. These models were then used to understand the key objectives of treatment for families where the care and protection of children is compromised.

These objectives supported Jacqueline in developing an in-depth hypotheses about the mechanisms of action of a novel and effective dyadic psychotherapy, Parallel Parent and Child Therapy, for mothers and children caught in intergenerational cycles of maltreatment.

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## Practice skills of working with children who have experienced trauma



Chris Dolman Social Worker, SA

Chris Dolman is a social worker who has been working for the past eighteen years with individuals, couples and

families facing a broad range of concerns in their lives and relationships.

Chris currently works with Emerging Minds and the National Workforce Centre for Child Mental Health, as well as a narrative therapist with Country Health SA, providing consultations via video link to people living in rural and remote South Australia.

Previously Chris has worked as a counsellor, supervisor and manager in a family and relationships counselling service with Uniting Communities with a particular focus around responding to family violence and the effects of childhood sexual abuse.

As a practitioner, Dan had a strong interest in narrative and strength-based engagement strategies with children, parent and families.

Dan's PhD thesis included research on approaches to men's behaviour change programs and a creative writing component.



Facilitator: Dr Dan Moss Workforce Development Manager at the Emerging Minds, SA

Dan Moss has been Manager, Workforce Development at Emerging Minds for three years.

Previously he worked as Assistant Director, Performance, Reporting and Evaluation at the Department for Child Protection. In this role, he worked closely with the Early Intervention Research Directorate to explore the social determinants of child disadvantage and child protection involvement.

Prior to that, Dan worked for Uniting Communities for fifteen years, as a practitioner, supervisor and senior manager in a range of services with children, parents and families dealing with the effects of family violence, child sexual abuse, mental health conditions and drug and alcohol use.

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