

## Start your learning here

Mental health is a vital component of a child's development and lifelong wellbeing. These courses have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

1 HR	<b>Understanding child mental health</b> This course explores mental health for children aged 0-12 years. It will help practitioners to identify the facts that support positive mental health in children.
1 HR	<b>Understanding child mental health and disability</b> This course explores mental health for children aged 0-12 years who are living with disability.
3 HR	<b>Intergenerational mental health</b> This course supports professionals to apply an 'intergenerational lens' to their work, to better understand histories and impacts of family disadvantage.
1 HR	<b>The impact of trauma on the child</b> This course introduces key understandings about trauma and adversity, and their impact on children.
4 HR	<b>Supporting children who have experienced trauma</b> This course aims to use trauma-informed practice to study the detail and skills of therapeutic engagement.
2 HR	<b>Engaging with parents</b> This course focuses on ways to actively and effectively engage with parents about their children's social and emotional wellbeing.
1 HR	<b>Engaging with children</b> This course introduces the concepts of engaging children as partners in practice, as a foundation for responding to child mental health concerns.




## Courses tailored to your needs

These courses introduce practice-based learning and application to match the specific challenges your sector faces.

1.5 HR	<b>Working with First Nations families and children – A framework for understanding</b> This course is designed to assist non-Aboriginal practitioners to develop the skills and understanding to build genuine partnerships.
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## Supporting resources

The following resources are specific to your practice setting and support the knowledge gained throughout the courses we've recommended. Make sure to save your favourite resources by adding them to My List when you're logged in.

	<b>What is infant child mental health? Podcast</b> Dr Nick Kowalenko, a child and adolescent psychiatrist, talks about infant and child mental health, what it looks like when things are going well and not so well and, the importance of the early years.
	<b>Working to support the mental health of children with an intellectual disability Webinar</b> The webinar features a facilitated interdisciplinary panel discussion of a case study about working with children and families where a child has an intellectual disability.
	<b>The effects of adverse experiences on children Webinar</b> The webinar features a panel of interdisciplinary experts for a discussion about the impact of adverse experiences on children. This webinar is a joint production of the Mental Health Professionals' Network (MHPN) and Emerging Minds.
	<b>Supporting children in families with complex needs: Nine tips for practitioners who feel out of their depth Practice paper</b> It is common for practitioners to feel overwhelmed by the complexity of the needs of some families, especially when children's welfare is at stake. This practice paper outlines ways in which practitioners can begin to develop confidence in supporting children in families with complex needs.
	<b>Supporting staff to work with children and families with complex needs: A checklist for organisations Practice paper</b> This paper provides managers, practice leaders and other decision-makers with practical guidance on supporting staff to work with children and families with complex needs. It will be useful in a broad range of health and welfare organisations, particularly those not specifically designed to work with clients with multiple interrelated problems.

To view all e-learning courses and resources visit

[learning.emergingminds.com.au](https://learning.emergingminds.com.au)

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