

## Shrinking problems with children and families



**Emiko Smith**  
Child and Family  
Partner, SA

Emiko Smith is a visual artist and busy mum of four. She has two teenagers still at home and the full time care of her grandson ensuring Emiko has current and authentic experience and knowledge of child health and wellbeing issues.

Emiko is also able to draw on her own lived experience of mental health as a consumer and carer to inform her work as a Child and Family Partner and advisor on contemporary dialogues about mental health and wellbeing and the space of service delivery.



**Dr Jamie Lee**  
Psychologist, SA

Dr Jamie Lee, PhD, is a Counselling Psychologist at the Women's and Children's Hospital, Adelaide, South Australia.

He has worked with children and their families affected by trauma, violence, abuse and family separation since 2007. He was previously a Practice Manager at Relationships Australia in South Australia where he was responsible for Family DOORS (the Detection of Overall Risk Screen) with Professor Jenn McIntosh, Claire Ralfs and others.

Jamie is a member of the Australian Psychological Society and a Fellow of its College of Counselling Psychology. He is also a Prescribed Interviewer of Vulnerable Witnesses.



**Carolyn Markey**  
Family therapist, SA

Carolyn is based in Adelaide, where her current work combines practicing as a Child and Family Counsellor at Relationships Australia and teaching Narrative Therapy as a senior faculty member in the Narrative Therapy and Community work Masters Program at the Dulwich Centre.

Her working life has been a synergy of teaching and therapeutic practice with children, addressing the injustices they bring to conversations. After training with Michael White and David Epston in Narrative Therapy in the 90s, Carolyn worked in a range of Non-Government Organisations (NGO) and schools with children affected by issues no doubt familiar to you, including gendered violence, the effects of colonisation, family separation, addiction and discrimination of all forms.

Carolyn has a commitment to making 'therapy' with children and their care givers an intriguing conversational space, that is non-pathologising, hopefully fun and culturally accountable and where children and their caregivers gain the knowledge needed to shrink their problems!

*Continued overleaf*

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**Facilitator: Chris  
Dolman**

**Senior Workforce  
Development Manager  
at Emerging Minds, SA**

Chris Dolman is a Social Worker who has been working for the past eighteen years with individuals, couples and families facing a broad range of concerns in their lives and relationships.

Chris currently works with Emerging Minds and the National Workforce Centre for Child Mental Health, as well as a clinician with Country Health South Australia, providing therapeutic consultations via video link to people living in rural and remote South Australia.

Previously, Chris has worked as a counsellor, supervisor and manager in a family and relationships counselling service with Uniting Communities with a particular focus around responding to family violence and the effects of childhood sexual abuse.