

Healing through voice, culture and Country: Short film 4

Cut me - Karnage N Darknis

In this video you will hear from Karnage N Darknis, two Aboriginal singer/songwriters, who talk about highlighting their concerns around family violence in their song *Cut me*. You will hear their personal stories, and about their efforts to break the family violence cycle for Aboriginal and Torres Strait Islander children. You will also hear how the media contributes to the story of disadvantage and deficit, rather than hope and resistance.

Learning objective

Non-Indigenous practitioners have a responsibility to resist cultural biases and instant deficit judgements when listening to stories of family violence. The desire to end violence in communities is strong, as evidenced by the many Aboriginal and Torres Strait Islander organisations, communities and people working tirelessly across Australia to rebuild and restore hope for children.



Consider the following questions individually, or in a group:

1. How can you better understand your own cultural biases when working with Aboriginal and Torres Strait Islander families and children? How would Aboriginal people know that you are aware: what would this look like?
2. How can you see behind the dominant story of disadvantage portrayed in the media?
3. What is the story of resistance and breaking the cycle of violence in this video?



Watch this short film: [Cut me](#)

This resource was co-designed by:



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