

Healing through voice, culture and Country: Short film 1

Healing on Country – Shirley Young

In this short film, you will hear Shirley talk about her personal and professional experiences when responding to family violence. She will discuss the challenges families encounter when seeking support from services, and provide practitioners with an insight into some strategies that support healing.



Learning objective

A key ingredient in this work is genuine belief and hope in Aboriginal and Torres Strait Islander communities and families. Whilst there are many complex issues facing Community, including deep trauma, there is also great strength and strong culture.

▶ [Watch this short film: *Healing on Country*](#)

Consider the following questions individually, or in a group:

1. Families come with extended supports, like Shirley provides for her daughter. How would you hear about these supports and include them in your practice?
2. Why do you think it was important for Shirley to highlight, 'my daughter's experience wasn't by an Aboriginal man'?
3. Shirley spoke about her daughter not appearing to hear. What are the common assumptions about mothers who 'go back'? How can you ensure you are aware of these types of assumptions, and you are mindful about how they may influence your practice?
4. Shirley spoke about outcome-based interventions in the context of organisational requirements. How can you balance these requirements, whilst remaining focused on supporting the experiences of the person in front of you?

This resource was co-designed by:



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