Mainstream health or social services engaging with Aboriginal and Torres Strait Islander families and children **Learning Pathwav**

Start vour learning here

Mental health is a vital component of a child's development and lifelong wellbeing. These courses have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

Understanding child mental health

This course explores mental health for children aged 0-12 HR years. It will help practitioners to identify the facts that support positive mental health in children.

Intergenerational mental health

This course supports professionals to apply an HR 'intergenerational lens' to their work, to better understand histories and impacts of family disadvantage.

The impact of trauma on the child

This course introduces key understandings about trauma HR and adversity, and their impact on children.

Supporting children who have experienced trauma

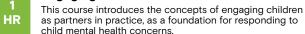
HR This course aims to use trauma-informed practice to study the detail and skills of therapeutic engagement.

Engaging with parents

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2 This course focuses on ways to actively and effectively HR engage with parents about their children's social and emotional wellbeing.

Engaging with children



Working with First Nations families and children - A framework for understanding

1.5 This course is designed to assist non-Aboriginal HR practitioners to develop the skills and understanding to build genuine partnerships.

To view all e-learning courses and resources visit

learning.emergingminds.com.au

Courses tailored to your needs

These courses introduce practice-based learning and application to match the specific challenges your sector faces.

Using Aboriginal cultural knowledge systems to strengthen families' resilience

This course provides a framework to help guide you in your HR work with Aboriginal and Torres Strait Islander families, using the Aboriginal Cultural Knowledge Systems to Strengthen Families' Resilience varning cards and tools.

Healing through voice, culture and Country

This course provides a framework to help guide you in your 1.5 work with Aboriginal and Torres Strait Islander families where HR family and domestic violence (FDV) is a concern, supporting children's social and emotional wellbeing in culturally responsive ways.

Improving the social and emotional wellbeing of Aboriginal and Torres Strait Islander

4 children

HR This course uses a positive, strengths-based, 'hope-inspired' focus to support work with Aboriginal and Torres Strait Islander children and families, reinforcing their connections, strengths and skills.

Supporting resources

The following resources are specific to your practice setting and support the knowledge gained throughout the courses we've recommended. Make sure to save your favourite resources by adding them to My List when you're logged in.

Working with Aboriginal and Torres Strait Islander families and children Toolkit

This toolkit has been developed to support non-Aboriginal practitioners in mainstream organisations to engage with First Nations families

Culturally informed trauma-integrated healing practice parts 1 and 2 Podcast

Judy and Caroline Atkinson share information and practical skills that can support mainstream professionals working with First Nations children and their families/communities.

Aboriginal children and the effects of intergenerational trauma Webinar



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This webinar explores the effects of integenerational trauma on Aboriginal and Torres Strait Islander children and families, and outlines current research on the importance of cultural competence.

Supporting children in families with complex needs: Nine tips for practitioners who feel out of their depth Practice paper

This paper is for you if you ever feel overwhelmed, underequipped or out of your depth due to the complexity of the needs of the children and families you work with.



The Whole Aboriginal and Torres Strait Islander Child Video

This video offers a glimpse into the deep connections First Nations peoples have to Country, culture, spirituality, family and community.





Emerging Minds Learning

National Workforce Centre for Child Mental Health