

# Infant and Child Mental Health Professional Development Webinar Series

## SUPPORTING RESOURCES

Using an intergenerational lens when working with children and parents

#### **Podcast**

Breaking the cycle of intergenerational disadvantage <a href="https://emergingminds.com.au/resources/podcast/podcast-breaking-the-cycle-of-intergenerational-disadvantage-emerging-minds/">https://emergingminds.com.au/resources/podcast/podcast-breaking-the-cycle-of-intergenerational-disadvantage-emerging-minds/</a>

### **E-Learning courses**

Intergenerational mental health <a href="https://emergingminds.com.au/online-course/intergenerational-mental-health/">https://emergingminds.com.au/online-course/intergenerational-mental-health/</a>

Parental mental illness and child-aware practice <a href="https://learning.emergingminds.com.au/course/parental-mental-illness-and-child-aware-practice">https://learning.emergingminds.com.au/course/parental-mental-illness-and-child-aware-practice</a>

#### Webinar

Aboriginal children and intergenerational trauma <a href="https://emergingminds.com.au/resources/aboriginal-children-and-the-effects-of-intergenerational-trauma/">https://emergingminds.com.au/resources/aboriginal-children-and-the-effects-of-intergenerational-trauma/</a>

#### Video

The Healing Foundation: Intergenerational trauma animation <a href="https://www.youtube.com/watch?v=vlqx8EYvRbQ&ab">https://www.youtube.com/watch?v=vlqx8EYvRbQ&ab</a> channel=TheHealingFoundation





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### **Further Reading**

Supporting children in practice when FDV is present <a href="https://emergingminds.com.au/resources/keeping-children-visible-in-practice-responses-to-family-and-domestic-violence/">https://emergingminds.com.au/resources/keeping-children-visible-in-practice-responses-to-family-and-domestic-violence/</a>

Supporting parents who have poor mental health <a href="https://emergingminds.com.au/resources/supporting-parents-who-have-poor-mental-health/">https://emergingminds.com.au/resources/supporting-parents-who-have-poor-mental-health/</a>

Enabling change with Aboriginal Families and Services <a href="https://familybyfamily.org.au/enabling-change-with-aboriginal-families-and-services/">https://familybyfamily.org.au/enabling-change-with-aboriginal-families-and-services/</a>

When love meets power <a href="https://tacsi.org.au/journal/when-love-meets-power/">https://tacsi.org.au/journal/when-love-meets-power/</a>

#### **Toolkit**

Working and walking alongside Aboriginal and Torres Strait Islander children and young people: A practical guide for non-Indigenous workers

https://emergingminds.com.au/resources/toolkits/working-with-aboriginal-and-torres-strait-islander-families-and-children/working-and-walking-alongside-first-nations-children-and-young-people/

emergingminds.com.au mhpn.org.au