

## Appendix: Templates for recording information

### Step 2. Recording details about the concern

<b>Describe the concern</b> (What does the child do/say?)	<b>Frequency</b> (How often does it happen?)	<b>Duration</b> (How long has this been happening?)	<b>Severity</b> (What impact does this have on the child and family?)	<b>Child's experience</b> (What do you think is happening for the child during these times?)	<b>Family members' feelings</b> (What is this like for parents, siblings or other family members?)

### Step 4. Recording the goal

<b>Who...</b>	Child, parent, family member'	
<b>Is going to do...</b>	Action, behaviour	
<b>When...</b>	At these times/ places/situations	
<b>So that...</b>	Parent's value linked to child's wellbeing	
<b>We'll know this is done when...</b>	Times something is complete/indicator for change	

**Step 5. Exploring options**

<b>1. What does the parent want to be different for their child?</b>		
<b>2. Options to reach this goal</b>	<b>3. Pros and cons of this option</b>	<b>4. Rating (1–10)</b>
<b>Option A</b>	Pros:  Cons:	
<b>Option B</b>	Pros:  Cons:	
<b>5. Selected option:</b>  <b>Backup option/s:</b>		
<b>6. What will the parent do?</b>		<b>8. Review at:</b>
<b>7. What will the nurse do?</b>		