Emerging Minds

National Workforce Centre for Child Mental Health

Resources for Educators from the Community Trauma Toolkit

Community Trauma Toolkit

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the <u>Emerging Minds web hub to access</u> the full suite of resources.



SHORT ARTICLES

How educators can prepare their students for natural disaster

How educators can support children immediately after a disaster or community trauma

What educators can expect during and immediately after a disaster or community trauma

How educators can support children in the short term following a disaster or community trauma

What educators can expect in the short term after a disaster or community trauma

How educators can support children in the long term following a disaster or community trauma

What educators can expect in the long term after a disaster or community trauma





Preparing for disaster

Supporting children immediately after a disaster or traumatic event

Supporting children in the short-term after a disaster or traumatic event

Supporting children in the long-term after a disaster or traumatic event

The use of therapeutic story books following a natural disaster

The importance of story and play for young children following a natural disaster

Natural disaster curriculum in the Early Childhood sector



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.



Infant and perinatal wellbeing: Risk and resilience factors

Queensland Centre for Perinatal & Infant Mental Health: Natural disaster resources

The impact of natural disasters on babies and young children

The impact of drought on children

<u>Re-establishing routines and rules following a disaster</u> or traumatic event

The impact on parenting and the parent-child relationship after a disaster or traumatic event

The impact on children of a disaster or traumatic event

Children in the short term after a disaster or traumatic event

Children in the long term after a disaster or traumatic event

Children in the immediate aftermath of a disaster or traumatic event

Children's meaning-making in relation to a disaster or traumatic event

Strathewen-Arthur's Creek Bushfire Education Partnership

Strathewen community: A bushfire recovery story 10 years in the making



Educators community trauma workshop

Communities in the immediate aftermath of a trauma



Disaster preparedness, myths and programs that hold promise

The ongoing psychosocial needs of children following a community trauma



How can I support children during a drought?

The big dry: the impact of drought on children and families

Traumatic events: anniversaries and other triggers

Trauma sensitive behaviour management

Helping students recover after trauma: classroom activities

Trauma responses in children aged 0-24 months

Trauma responses in children aged 2-4 years

Trauma responses in children aged 5-12 years

How child care professionals can help children aged 0-24 months following a traumatic event

How educators can help in the classroom following a traumatic event

Educators and childhood trauma reactions: how and when to get help

Common severe stress reactions to a traumatic event



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