

Resources for General Practitioners from the Community Trauma Toolkit

Community Trauma Toolkit

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the [Emerging Minds web hub to access the full suite of resources.](#)



SHORT ARTICLES

[A general practitioner's guide to supporting children's preparedness for a disaster](#)

[A general practitioner's guide to supporting children's mental health immediately following a disaster or traumatic event](#)

[A general practitioner's guide to supporting children's mental health in the short term following a disaster or traumatic event](#)

[A general practitioner's guide to common reactions to trauma and loss by children aged 0-5 years](#)

[A general practitioner's guide to common reactions to trauma and loss by children aged 6-8 years](#)

[A general practitioner's guide to common reactions to trauma and loss by children aged 9-12 years](#)

[A general practitioner's guide to supporting children's mental health in the long term following a disaster or traumatic event](#)

Delivery partners:



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.





VIDEOS

[The use of therapeutic story books following a natural disaster](#)

[The importance of story and play for young children following a natural disaster](#)

[Natural disaster curriculum in the Early Childhood sector](#)

[Infant and perinatal wellbeing: Risk and resilience factors](#)

[Queensland Centre for Perinatal & Infant Mental Health: Natural disaster resources](#)

[The impact of natural disasters on babies and young children](#)

[Re-establishing routines and rules following a disaster or traumatic event](#)

[The impact on parenting and the parent-child relationship after a disaster or traumatic event](#)

[The impact on children of a disaster or traumatic event](#)

[Preparing for disaster](#)

[Children in the immediate aftermath of a disaster or traumatic event](#)

[Children in the short term after a disaster or traumatic event](#)

[Children in the long term after a disaster or traumatic event](#)

[Children's meaning-making in relation to a disaster or traumatic event](#)

[Strathewen community: A bushfire recovery story 10 years in the making](#)

[Supporting children immediately after a disaster or traumatic event](#)

[Supporting children in the short-term after a disaster or traumatic event](#)

[Supporting children in the long-term after a disaster or traumatic event](#)



PODCASTS

[Communities in the immediate aftermath of a trauma](#)

[Disaster preparedness, myths and programs that hold promise](#)

[The ongoing psychosocial needs of children following a community trauma](#)



FACT SHEETS

[Trauma responses in children aged 0-24 months](#)

[Trauma responses in children aged 2-4 years](#)

[Trauma responses in children aged 5-12 years](#)

Delivery partners:



Australian National University



RACGP
Royal Australian College of General Practitioners

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