


The information below sets out questions and areas to be curious about under each of the CHILD domains. You can use this information as a flexible tool at any stage of a mental health assessment. It offers a way to feel reassured that you haven't missed any important areas that impact on the child's social and emotional wellbeing. There is space for your notes on the next page.

 <p>Child</p>	<h3>About the child</h3> <p>The GP remains curious with the child and parent about the child's:</p> <ul style="list-style-type: none"><li>- interests and activities</li><li>- strengths and difficulties</li><li>- physical and biological health (including illness and disability); and</li><li>- temperament.</li></ul>
 <p>Home</p>	<h3>Home circumstances and context</h3> <p>Questions to help the GP to remain curious with the child and parent:</p> <ul style="list-style-type: none"><li>- <i>'Does the child have any siblings?'</i></li><li>- <i>'What are their names?'</i></li><li>- <i>'What are the child's favourite activities at home?'</i></li></ul> <p>The GP remains curious with the parent about any other stresses at home, such as:</p> <ul style="list-style-type: none"><li>- parental mental health issues</li><li>- parental substance use (alcohol, drugs, prescription medication and its side effects)</li><li>- conflict or violence; or</li><li>- other issues (e.g. physical health, housing, finances, legal issues, gambling, etc.).</li></ul>
 <p>Interactions</p>	<h3>Interactions between the child and parent</h3> <p>Questions to help the GP to remain curious with the child and parent:</p> <ul style="list-style-type: none"><li>- <i>'What activities do the child and parent enjoy together?'</i></li><li>- <i>'What are the main challenges in the parent-child relationship?'</i></li></ul> <p>The GP observes and notices the quality of the relationships, including signs of:</p> <ul style="list-style-type: none"><li>- attunement</li><li>- connection; and</li><li>- responsiveness</li></ul> <p>The GP remains curious with the parent about:</p> <ul style="list-style-type: none"><li>- the parent's emotions at the time</li><li>- the family's routines</li><li>- how they set and uphold boundaries</li><li>- how they show affection and encouragement</li><li>- how they engage in child-led play; and</li><li>- how they deal with difficult behaviours.</li></ul>
 <p>Links</p>	<h3>Links in the community</h3> <p>The GP remains curious with the child and parent about the child's:</p> <ul style="list-style-type: none"><li>- friends and family network</li><li>- enjoyment and engagement at their education and care setting; and</li><li>- involvement in any community groups or activities (e.g. playgroup, kindergym).</li></ul> <p>The GP remains curious with the parent about:</p> <ul style="list-style-type: none"><li>- what support networks they have in place for the family; and</li><li>- what access to health and community services is available when needed.</li></ul>
 <p>Development</p>	<h3>Development</h3> <p>The GP remains curious with the child and parent about:</p> <ul style="list-style-type: none"><li>- the child's developmental history, including pregnancy and birth</li><li>- the child's developmental abilities (including their communication, physical, cognitive, play skills and activities of daily living)</li><li>- the child's social and emotional development, including regulation and interaction with others; and</li><li>- any behavioural concerns.</li></ul>



Child

Your notes



Home

Your notes



Interactions

Your notes



Links

Your notes



Development

Your notes