## Emerging Minds.

National Workforce Centre for Child Mental Health

## **EXAMPLE** The CHILD domains as a tool for engagement

The information below is based on Olivia and her family. This is an example demonstrating how the tool may be used in practice.

Child	About the child - Explored and assessed physical and biological health - nil issues identified. - Curious and alert temperament. - At four-month-old development stage (more awake, alert, engaged).
Home	<ul> <li>Home circumstances and context</li> <li>First child to Dave and Julie.</li> <li>Maternal depression and anxiety in context of sleep deprivation and adjusting to new role.</li> <li>Work demands on father.</li> <li>Engaged father.</li> <li>Supportive paternal grandmother.</li> <li>Query maternal grandparents.</li> </ul>
Interactions	<ul> <li>Interactions between the child and parent</li> <li>Olivia appears attentive, warm, responsive to Julie, but flat in affect.</li> <li>Julie reports feeling overwhelmed.</li> <li>Attempting to set up and maintain sleep routine.</li> <li>Noticed in fourth consult, Julie delights in singing with Olivia.</li> </ul>
Links	Links in the community - Julie has limited social network and family support. - Yet to find a playgroup or mum's group. - Accesses services.
P	<ul> <li>Development</li> <li>Healthy pregnancy; born at full term.</li> <li>At four months Olivia is alert, responding to voices, smiling, making vocalisations, rolling and reaching.</li> <li>Difficult to settle for sleep, wakes easily.</li> </ul>

- Difficult to settle for sleep, wakes easily.

Development



