

Cultural considerations in the social and emotional wellbeing support provided to Aboriginal and Torres Strait Islander children and families



Adele Cox

**National Sector
Development
Manager at SNAICC,
VIC**

Adele Cox is a Bunuba and Gija woman from the Kimberley region of Western Australia and works as an advocate for Aboriginal and Torres Strait Islander health in a range of areas, including more specifically mental health and suicide prevention.

Beginning her career as a broadcaster/journalist in Broome and since then expanding into areas of early child and maternal health, research, policy and program development and ongoing advocacy.

Previously she was co-founder and Founding CEO of Thirrili Limited and led the development and implementation of Australia's first National Indigenous postvention service. She is currently the National Sector Development Manager with SNAICC National Voice for Our Children.



Prof. Tricia Nagel

**Psychiatrist and
senior researcher, NT**

Professor Tricia Nagel has thirty years of experience working in NT rural and remote mental health and substance use settings as a psychiatrist and educator.

Since 2003 Professor Nagel has led a research program based at Menzies School of Health Research in Darwin. The program promotes Aboriginal and Torres Strait Islander perspectives of mental health and access to culturally responsive services and treatments. It has transitioned over two decades from face to face, paper-based treatments and tools, to digital solutions that continue to embed holistic and empowering elements.

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Facilitator:
Dana Shen

**Aboriginal Cultural
Consultant, SA**

Dana has over 20 years' experience working across the public and not for profit sectors in the areas of health, families and child protection.

Dana is Aboriginal/Chinese and a descendant of the Ngarrindjeri people in South Australia and has a passion for working with Aboriginal people and communities. She commenced her career as a Youth Community Development Officer in both the Adelaide Hills and the Murray Lands. In this role she worked with young people, many of who were at risk, in order to create better environments for young people in their communities. Dana went on to work in a number of senior roles with the SA public sector in which she had responsibility for program management, service delivery, policy development and strategic planning.

Dana's most recent experience has been with The Australian Centre for Social Innovation (TACSI) where she held the role of Principal, Social Services, Systems & Aboriginal Policy. In this role she was responsible for implementing projects and supporting team members to apply innovative techniques and develop solutions to complex social and service problems. Before this, Dana was the Director of the Family by Family Program, a peer-to-peer model where families are matched together to create behaviour change.

Dana has extensive experience working with Aboriginal communities and brings a unique skill set in facilitation, Aboriginal cultural consultancy, mainstream service delivery and systems change. Dana's current work includes supporting organisations to plan for the future and improve service delivery, particularly with Aboriginal people and communities.