

Supporting the wellbeing of infants and children through a trauma-informed lens



**Dr Jasmine
MacDonald**

**Senior Research
Officer, VIC**

Dr Jasmine B. MacDonald (BA/BSW(Hons), PhD) is a Senior Research Officer with the Child and Family Evidence team at Australian Institute of Family studies, where she works in the areas of evidence synthesis, knowledge translation, and evaluation.

Jasmine's primary area of research interest is trauma exposure and reactions. Jasmine has domain expertise in mental health, child and adolescent psychology, developmental psychology, learning, biopsychology, and forensic psychology. Jasmine is also an Adjunct Lecturer with the School of Psychology, Charles Sturt University and Methodological Consultant for the APS journal Australian Community Psychologist. Jasmine has previously held academic roles at Charles Sturt University (Wagga Wagga, NSW), Australian College of Applied Psychology (Sydney, NSW) and RMIT University (Melbourne, Vic).

Jasmine hosts the psychology podcast Psych Attack, having relaxed conversation with experts about the topics they are passionate about in psychological research and/or practice.



Kathryn Lenton

**Program Manager,
Therapeutic Services
Australian Childhood
Foundation, TAS**

Kathryn Lenton is the Program Manager, Therapeutic Services for the Australian Childhood Foundation in Tasmania. She holds a Bachelor of Social Work and a Master of Counselling, and has been working in the mental health sector for 20 years.

Kathryn's clinical experience has included both clinical interventions and leadership in trauma therapy for children, adolescents and adults, disaster recovery, child protection, health social work, older persons care, community development, mental health in education, suicide prevention, and child and adolescent mental health.

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**Alma-Jane
O' Donnell**

**Perinatal and Infant
Mental Health
Specialist, SA**

Alma-Jane O'Donnell is the National Manager of the Child and Family Service for Goodstart Early Learning. Alma is a Perinatal and Infant Mental Health Specialist, with a Masters Degree in Perinatal & Infant Mental Health.

Alma has over 30 years' experience working nationally and internationally within IMH early intervention research, project development, infant mental health clinical supervision, infant mental health clinical lecturer, published author on enhancing infant mental health outcomes for children with trauma in Early Learning Services and also contributing to the national roll-out of trauma-informed programs, policies and procedures within Goodstart Early Learning.



**Facilitator:
Chris Dolman**

**Senior Workforce
Development Officer,
SA**

Chris Dolman is a social worker who has been working for the past eighteen years with individuals, couples and families facing a broad range of concerns in their lives and relationships.

Chris currently works with Emerging Minds and the National Workforce Centre for Child Mental Health, as well as a narrative therapist with Country Health SA, providing consultations via video link to people living in rural and remote South Australia.

Previously Chris has worked as a counsellor, supervisor and manager in a family and relationships counselling service with Uniting Communities with a particular focus around responding to family violence and the effects of childhood sexual abuse.