

Start your learning here

Mental health is a vital component of a child's development and lifelong wellbeing. These courses have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

1 HR	Understanding child mental health This course explores mental health for children aged 0-12 years. It will help practitioners to identify the facts that support positive mental health in children.
3 HR	Intergenerational mental health This course supports professionals to apply an 'intergenerational lens' to their work, to better understand histories and impacts of family disadvantage.
1 HR	The impact of trauma on the child This course introduces key understandings about trauma and adversity, and their impact on children.
4 HR	Supporting children who have experienced trauma This course aims to use trauma-informed practice to study the detail and skills of therapeutic engagement.
2 HR	Engaging with parents This course focuses on ways to actively and effectively engage with parents about their children's social and emotional wellbeing.
1 HR	Engaging with children This course introduces the concepts of engaging children as partners in practice, as a foundation for responding to child mental health concerns.
1.5 HR	Working with First Nations families and children - A framework for understanding This course is designed to assist non-Aboriginal practitioners to develop the skills and understanding to build genuine partnerships.

Courses tailored to your needs

These courses introduce practice-based learning and application to match the specific challenges your sector faces.

1 HR	Building blocks for children's social and emotional wellbeing This course explores important concepts and ideas related to child mental health and development, and investigates the child's social and emotional wellbeing within the context of their family, community and networks.
2.5 HR	Promoting infant and toddler mental health with parents This course explores the ways practitioners can support parents, by providing reassurance, guidance, information, or resources, to promote positive mental health in their infant or toddler.
1 HR	Understanding child mental health and chronic physical conditions This course will provide you with an introduction to the impact of chronic physical conditions on the mental health of children aged 0-12 years.

Supporting resources

The following resources are specific to your practice setting and support the knowledge gained throughout the courses we've recommended. Make sure to save your favourite resources by adding them to My List when you're logged in.

	Working with Aboriginal and Torres Strait Islander families and children Toolkit This toolkit has been developed with support and guidance from Aboriginal and Torres Strait Islander peoples, to support non-Aboriginal practitioners in mainstream organisations to engage with First Nations families.
	Working with trans and gender diverse children Podcast A conversation with Dr Michelle Telfer about what it is like to work in a service that provides care to trans and gender diverse children and adolescents.
	Child360 App This app has been designed as a tool for parents to reflect on how they are going in supporting their children's social and emotional wellbeing and identify areas where action can be taken to strengthen resilience.
	Engaging children as partners in practice to support their mental health and wellbeing Webinar This webinar discussed practices that can contribute to practitioners creating genuine partnerships with children and their families.
	Prevention and early intervention In focus Considering all the elements of the child's ecology can help you to find opportunities for early intervention and prevention. Find out more about prevention and early intervention, and how you can contribute.

To view all e-learning courses and resources visit

learning.emergingminds.com.au

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