Child health service **Learning Pathway**

Emerging Minds Learning

National Workforce Centre for Child Mental Health

Start your learning here

Mental health is a vital component of a child's development and lifelong wellbeing. These courses have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

Understanding child mental health

This course explores mental health for children aged 0-12 HR years. It will help practitioners to identify the facts that support positive mental health in children.

Intergenerational mental health

This course supports professionals to apply an HR 'intergenerational lens' to their work, to better understand histories and impacts of family disadvantage.

The impact of trauma on the child

This course introduces key understandings about trauma HR and adversity, and their impact on children.

Supporting children who have experienced trauma

This course aims to use trauma-informed practice to study the detail and skills of therapeutic engagement.

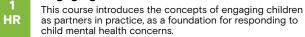
Engaging with parents

4

HR

2 This course focuses on ways to actively and effectively HR engage with parents about their children's social and emotional wellbeing.

Engaging with children



Working with First Nations families and children - A framework for understanding

1.5 This course is designed to assist non-Aboriginal HR practitioners to develop the skills and understanding to build genuine partnerships.

To view all e-learning courses and resources visit

learning.emergingminds.com.au

Courses tailored to your needs

These courses introduce practice-based learning and application to match the specific challenges your sector faces.

Building blocks for children's social and emotional wellbeing

HR

This course explores important concepts and ideas related to child mental health and development, and investigates the child's social and emotional wellbeing within the context of their family, community and networks.

Promoting infant and toddler mental health with parents

2.5 This course explores the ways practitioners can support HR parents, by providing reassurance, guidance, information, or resources, to promote positive mental health in their infant or toddler.

Understanding child mental health and chronic physical conditions

This course will provide you with an introduction to the HR impact of chronic physical conditions on the mental health of children aged 0-12 years.

Supporting resources

The following resources are specific to your practice setting and support the knowledge gained throughout the courses we've recommended. Make sure to save your favourite resources by adding them to My List when you're logged in.

Working with Aboriginal and Torres Strait Islander families and children Toolkit

This toolkit has been developed with support and guidance from Aboriginal and Torres Strait Islander peoples, to support non-Aboriginal practitioners in mainstream organisations to engage with First Nations families.

Working with trans and gender diverse children Podcast



A conversation with Dr Michelle Telfer about what it is like to work in a service that provides care to trans and gender diverse children and adolescents.

Child360 App



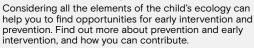
▷

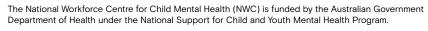
This app has been designed as a tool for parents to reflect on how they are going in supporting their children's social and emotional wellbeing and identify areas where action can be taken to strengthen resilience.

Engaging children as partners in practice to support their mental health and wellbeing Webinar

This webinar discussed practices that can contribute to practitioners creating genuine partnerships with children and their families

Prevention and early intervention In focus 0







April 2022