

Start your learning here

Mental health is a vital component of a child's development and lifelong wellbeing. These courses have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

1 HR	Understanding child mental health This course explores mental health for children aged 0-12 years. It will help practitioners to identify the facts that support positive mental health in children.
3 HR	Intergenerational mental health This course supports professionals to apply an 'intergenerational lens' to their work, to better understand histories and impacts of family disadvantage.
1 HR	The impact of trauma on the child This course introduces key understandings about trauma and adversity, and their impact on children.
4 HR	Supporting children who have experienced trauma This course aims to use trauma-informed practice to study the detail and skills of therapeutic engagement.
2 HR	Engaging with parents This course focuses on ways to actively and effectively engage with parents about their children's social and emotional wellbeing.
1 HR	Engaging with children This course introduces the concepts of engaging children as partners in practice, as a foundation for responding to child mental health concerns.
1.5 HR	Working with First Nations families and children - A framework for understanding This course is designed to assist non-Aboriginal practitioners to develop the skills and understanding to build genuine partnerships.


Courses tailored to your needs

These courses introduce practice-based learning and application to match the specific challenges your sector faces.

3 HR	Engaging with children: Good beginnings This course seeks to develop practitioner confidence in utilising a range of practice skills in beginning to work with children in relation to their mental health and social and emotional wellbeing.
2 HR	Engaging with children: Rich pictures This course focuses on range of practice skills for beginning to develop a rich picture of children's strengths, skills, know-how and values.
2 HR	Engaging with children: Shrinking problems This course focuses on developing practitioner confidence to work with children, understand their perspective on their problems and begin to reduce the impact of those problems on the child's mental health.
1 HR	Understanding child mental health and disability This foundation course explores mental health for children aged 0-12 years who are living with disability.
1 HR	The impact of family and domestic violence on the child This resource provides you with an introduction to the impact of family and domestic violence (FDV) on children.
4 HR	Family and domestic violence and child-aware practice This course examines opportunities to engage in a prevention and early intervention approach to promote children's mental health and wellbeing in the context of family and domestic violence (FDV).

Supporting resources

The following resources are specific to your practice setting and support the knowledge gained throughout the courses we've recommended. Make sure to save your favourite resources by adding them to My List when you're logged in.

	Collaborative practice in child and family welfare: Building practitioners' competence Webinar This webinar explored strategies for improving cross-sectoral relationships between child protection and government and non-government partners.
	Working with Aboriginal and Torres Strait Islander families and children Toolkit This toolkit has been developed with support and guidance from Aboriginal and Torres Strait Islander peoples, to support non-Aboriginal practitioners in mainstream organisations to engage with First Nations families.
	Co-discovering hope with children facing hardships Podcast Social worker and child and family therapist Angel Yuen shares her work with children to co-discover and seek out hopeful and effective ways of responding to trauma and hardship.
	Engaging with parents when there are child protection concerns: Key considerations Practice paper This resource outlines some of the key considerations for engaging with parents when a family has child protection concerns, or is in contact with child protection services.
	What are adverse childhood experiences (ACEs)? In focus ACEs are very stressful events or circumstances that may occur during childhood. They can have significant effects on infants' and children's physical health, mental health and social functioning. Find out more about how you can help.

To view all e-learning courses and resources visit

learning.emergingminds.com.au

The National Workforce Centre for Child Mental Health (NWC) is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

April 2022