

Practice strategies to support collaborative engagements with children and their families

Practice strategies for assessment and engagement

- 1 Setting the scene**
Exploring and establishing how engagements will be structured, who will be involved, and how information will be shared.
- 2 Walking towards your best life**
Shifting the focus of early engagement towards children's preferred relationships, routines and activities.
- 3 Exploring the child's values**
Understanding the child's values and how they're demonstrated in everyday life.
- 4 Developing the team**
Working with the child and parent to develop a team response to the problem.
- 5 Being cue-rious**
Noticing small non-verbal cues as entry points for curious conversations with the child.

Practice strategies for formulation

- 6 Understanding children's perspectives on presenting problems**
Creating space for children's perspectives on problems to inform case formulations.
- 7 Uncovering children's agency in context**
Ensuring children's strengths and skills are uncovered when considering predisposing, precipitating and perpetuating factors.
- 8 Exploring obstacles to the child's best life**
Understanding children's perspectives on obstacles to their 'best life'.
- 9 Collaboratively documenting case formulations**
Working together to document formulations in ways that reflect an accountability to children's experience.

Practice strategies for implementation

- 10 Supporting parents to align actions and values**
Inviting parents to consider and take steps to align their parenting values and actions.
- 11 Collaborative skill-building with children**
Complementing children's skills with practitioner expertise when implementing interventions.
- 12 Noticing progress in setbacks**
Ensuring children don't feel like a failure when tools seem ineffective in responding to problems.
- 13 Future-proofing new skills**
Ensuring children's new skills can last and be useful for responding to future problems.

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