

Building parents' understanding of play to nurture infant and toddler mental health

Emerging Minds Resources

Seekamp, S. (2019). Parent-child play: A mental health promotion strategy for all children. [Web resource]. In Emerging Minds.

[Parent-child play and improving child mental health - Emerging Minds](#)

Seekamp, S. (2019). Parent-child play: Practice resource. [Web resource]. In Emerging Minds.

[Parent-child play and improving child mental health - Emerging Minds](#)

Seekamp, S. (2019). Parent-child play: Conversation guide. [Web resource]. In Emerging Minds.

[Parent-child play conversation guide - Emerging Minds](#)

Infant and toddler mental health. [Web resource]. In Emerging Minds.

[In focus: Infant and toddler mental health - Emerging Minds](#)

Seekamp, S. (Host). (2019, May 13). The power of play. [Audio podcast episode]. In Emerging Minds.

[The power of play - Emerging Minds](#)

(2019). Child360 app. [Software and mobile app]. In Emerging Minds.

[Child360 app for parents and carers - Emerging Minds](#)

Building blocks for children's social and emotional wellbeing. [Online Course]. In Emerging Minds.

[Building blocks for children's social and emotional wellbeing course \(emergingminds.com.au\)](#)

Additional Resources

The Development of Play Skills From Birth to 3. [Web Resource]. In Zero To Three.

[The Development of Play Skills From Birth to 3 • ZERO TO THREE](#)

(2022). Celebrating Pride Month and Inclusion for All Families. [Web Resource]. In Zero To Three.

[Celebrating Pride Month and Inclusion for All Families • ZERO TO THREE](#)

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Minds.

National
Workforce
Centre for Child
Mental Health

Infant and Child Mental Health
Professional Development Webinar Series

SUPPORTING
RESOURCES

Building parents' understanding of play to nurture infant and toddler mental health

Why play is important. [Web Resource]. In raisingchildren.net.au.
[Importance of play for babies & children | Raising Children Network](#)

PlayConnect. [Resource on Playconnect playgroups]. In Playgroup Australia.
[PlayConnect – Playgroup Australia](#)

Tomlins, J. (2021). Early Years Support Guide. [Online Guide]. In Rainbow Families.
[Early Years Guide - Rainbow Families](#)

Deadly Tots. [Website].
[Home | Deadly Tots](#)



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