Emerging Minds.

National Workforce Centre for Child Mental Health

Resources for Community Leaders from the Community Trauma Toolkit



Community Trauma Toolkit

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the Emerging Minds web hub to access the full suite of resources.



Podcasts

Communities in the immediate aftermath of a trauma

Disaster preparedness, myths and programs that hold promise

The ongoing psychosocial needs of children following a community trauma



Workshops

Community leaders workshop: Preparing for community trauma

Community leaders workshop: After community trauma

Videos

The impact on children of a disaster or traumatic event

Children in the short term after a disaster or traumatic event

Children in the long term after a disaster or traumatic event

Children in the immediate aftermath of a disaster or traumatic event

Strathewen-Arthur's Creek bushfire education partnership

<u>Strathewen community: A bushfire recovery</u> <u>story 10 years in the making</u>

Preparing your family for natural disaster

Supporting children immediately after a disaster or traumatic event

Supporting children in the short term after a disaster or traumatic event

Supporting children in the long term after a disaster or traumatic event

Fact sheets

Supporting children during drought (infographic)

How can I support children during a drought?

The big dry: the impact of drought on children and families

Common severe stress reactions to a traumatic event

Talking to kids after terrorism and violent events

Trauma responses in children aged 0-24 months

Trauma responses in children aged 2-4 years

Trauma responses in children aged 5-12

<u>years</u>

Delivery partners:







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Visit our web hub today! Emerging minds. com.au

