## **Emerging Minds.**

National Workforce Centre for Child Mental Health

# Resources for Educators from the Community Trauma Toolkit



#### **Community Trauma Toolkit**

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the **Emerging Minds web hub to access the full suite of resources.** 



#### **Short articles**

How educators can prepare their students for a natural disaster

How educators can support children immediately after a disaster or community trauma

What educators can expect during and immediately after a disaster or community trauma

How educators can support children in the short term following a disaster or community trauma

What educators can expect in the short term after a disaster or community trauma

How educators can support children in the longer term following a disaster or community trauma

What educators can expect in the long term after a disaster or community trauma



#### **Videos**

Preparing your family for natural disaster

Supporting children immediately after a disaster or traumatic event

Supporting children in the short term after a disaster or traumatic event

Supporting children in the long-term after a disaster or traumatic event

The use of therapeutic story books following a natural disaster

The importance of story and play for young children following a natural disaster

Natural disaster curriculum in the Early
Childhood sector

Infant and perinatal wellbeing: Risk and resilience factors

Queensland Centre for Perinatal & Infant Mental Health: Natural disaster resources

The impact of natural disasters on babies and young children

The impact of drought on children

Re-establishing routines and rules following a disaster or traumatic event

The impact on parenting and the parentchild relationship after a disaster or traumatic event

The impact on children of a disaster or traumatic event

Children in the short term after a disaster or traumatic event

Children in the long term after a disaster or traumatic event

Children in the immediate aftermath of a disaster or traumatic event

Children's meaning-making in relation to a disaster or traumatic event

Strathewen-Arthur's Creek Bushfire **Education Partnership** 

Strathewen community: A bushfire recovery story 10 years in the making



### **Workshops**

**Educators community trauma workshop** 



#### **Podcasts**

Communities in the immediate aftermath of a trauma

Disaster preparedness, myths and programs that hold promise

The ongoing psychosocial needs of children following a community trauma



#### Fact sheets

How can I support children during a drought?

The big dry: The impact of drought on children and families

**Traumatic events: Anniversaries and other triggers** 

Trauma sensitive behaviour management

Helping students recover after trauma: Classroom activities

Trauma responses in children aged 0-24 months

Trauma responses in children aged 2-4 years

Trauma responses in children aged 5-12 years

How child care professionals can help children aged **O-24 months following a traumatic event** 

How educators can help in the classroom following a traumatic event

Educators and childhood trauma reactions: How and when to get help

Common severe stress reactions to a traumatic event









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