

# Emerging Minds.

National  
Workforce  
Centre for Child  
Mental Health

## Resources for **First Responders** from the **Community Trauma Toolkit**



### Community Trauma Toolkit

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the [Emerging Minds web hub to access the full suite of resources.](#)



### Short articles

[A guide for first responders: supporting child and family preparedness for disaster](#)

[A guide for first responders: Supporting children immediately following a disaster](#)

[A guide for first responders: supporting children in the short term after a disaster or community trauma](#)

[A guide for the first responders: supporting children in the long term after a disaster or community trauma](#)

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### Videos

[Queensland Centre for Perinatal & Infant Mental Health: Natural disaster resources](#)

[The impact of natural disasters on babies and young children](#)

[The impact of drought on children](#)

[Re-establishing routines and rules following a disaster or traumatic event](#)

[The impact on parenting and the parent-child relationship after a disaster or traumatic event](#)

[The impact on children of a disaster or traumatic event](#)

[Children in the short term after a disaster or traumatic event](#)

[Children in the long term after a disaster or traumatic event](#)

[Children in the immediate aftermath of a disaster or traumatic event](#)

[Strathewen-Arthur's Creek Bushfire Education Partnership](#)

[Strathewen community: A bushfire recovery story 10 years in the making](#)

[Preparing your family for natural disaster](#)

[Supporting children immediately after a disaster or traumatic event](#)

[Supporting children in the short term after a disaster or traumatic event](#)

[Supporting children in the long-term after a disaster or traumatic event](#)



## Fact sheets

[Supporting children during drought \(infographic\)](#)

[How can I support children during a drought?](#)

[The big dry: The impact of drought on children and families](#)

[Traumatic events, the media and your child](#)

[Traumatic events: Anniversaries and other triggers](#)

[Trauma responses in children aged 0-24 months](#)

[Trauma responses in children aged 2-4 years](#)

[Trauma responses in children aged 5-12 years](#)

[Common severe stress reactions to a traumatic event](#)

[Talking to kids after terrorism and violent events](#)



## Workshops

[First Responders community trauma workshop](#)



## Podcasts

[Communities in the immediate aftermath of a trauma](#)

[Disaster preparedness, myths and programs that hold promise](#)

[The ongoing psychosocial needs of children following a community trauma](#)

Delivery partners:



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Visit our web hub today!

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