

Emerging Minds.

National
Workforce
Centre for Child
Mental Health

Resources for General Practitioners from the Community Trauma Toolkit



Community Trauma Toolkit

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the [Emerging Minds web hub to access the full suite of resources.](#)



Short articles

[A general practitioner's guide to supporting children's preparedness for a disaster](#)

[A general practitioner's guide to supporting children's mental health immediately following a disaster or traumatic event](#)

[A general practitioner's guide to supporting children's mental health in the short term following a disaster or traumatic event](#)

[A general practitioner's guide to common reactions to trauma and loss by children aged 0-5 years](#)

[A general practitioner's guide to common reactions to trauma and loss by children aged 6-8 years](#)

[A general practitioner's guide to common reactions to trauma and loss by children aged 9-12 years](#)

[A general practitioner's guide to supporting children's mental health in the long term following a disaster or traumatic event](#)



Videos

[The use of therapeutic story books following a natural disaster](#)

[The importance of story and play for young children following a natural disaster](#)

[Natural disaster curriculum in the Early Childhood sector](#)

[Infant and perinatal wellbeing: Risk and resilience factors](#)

[Queensland Centre for Perinatal & Infant Mental Health: Natural disaster resources](#)

[The impact of natural disasters on babies and young children](#)

[Re-establishing routines and rules following a disaster or traumatic event](#)

[The impact on parenting and the parent-child relationship after a disaster or traumatic event](#)

[The impact on children of a disaster or traumatic event](#)

[Preparing your family for natural disaster](#)

[Supporting children immediately after a disaster or traumatic event](#)

[Children in the short term after a disaster or traumatic event](#)

[Children in the long term after a disaster or traumatic event](#)

[Children's meaning-making in relation to a disaster or traumatic event](#)

[Strathewen community: A bushfire recovery story 10 years in the making](#)

[Supporting children immediately after a disaster or traumatic event](#)

[Supporting children in the short term after a disaster or traumatic event](#)

[Supporting children in the long term after a disaster or traumatic event](#)



Podcasts

[Communities in the immediate aftermath of a trauma](#)

[Disaster preparedness, myths and programs that hold promise](#)

[The ongoing psychosocial needs of children following a community trauma](#)



Fact sheets

[Trauma responses in children aged 0-24 months](#)

[Trauma responses in children aged 2-4 years](#)

[Trauma responses in children aged 5-12 years](#)

Delivery partners:



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