

Emerging Minds.

National
Workforce
Centre for Child
Mental Health

Resources for Health and Social Service Practitioners from the Community Trauma Toolkit



Community Trauma Toolkit

This toolkit contains resources to help and support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Visit the [Emerging Minds web hub to access the full suite of resources.](#)



Podcasts

[Communities in the immediate aftermath of a trauma](#)

[Disaster preparedness, myths and programs that hold promise](#)

[The ongoing psychosocial needs of children following a community trauma](#)



Workshops

[Health and social service practitioners community trauma workshop](#)



Fact sheets

[Trauma responses in children aged 0-24 months](#)

[Trauma responses in children aged 2-4 years](#)

[Trauma responses in children aged 5-12 years](#)

[Common severe stress reactions to a traumatic event](#)



Short articles

[A guide for health and social service workers: Supporting children's disaster preparedness](#)

[A guide for health and social service workers: Supporting children's mental health immediately following a disaster](#)

[A guide for health and social service workers: common reactions to trauma and loss by children aged 0-5](#)

[A guide for health and social service workers: common reactions to trauma and loss by children aged 6-8](#)

[A guide for health and social service workers: common reactions to trauma and loss by children aged 9-12](#)

[A guide for health and social service workers: Supporting children's mental health in the short term following a disaster](#)

[A guide for health and social service workers: Supporting children's mental health in the long term following a disaster](#)



Videos

[The use of therapeutic story books following a natural disaster](#)

[The importance of story and play for young children following a natural disaster](#)

[Queensland Centre for Perinatal & Infant Mental Health: Natural disaster resources](#)

[Infant and perinatal wellbeing: Risk and resilience factors](#)

[The impact of natural disasters on babies and young children](#)

[The impact of drought on children](#)

[Re-establishing routines and rules following a disaster or traumatic event](#)

[The impact on parenting and the parent-child relationship after a disaster or traumatic event](#)

[The impact on children of a disaster or traumatic event](#)

[Children in the short term after a disaster or traumatic event](#)

[Children in the long term after a disaster or traumatic event](#)

[Children in the immediate aftermath of a disaster or traumatic event](#)

[Children's meaning-making in relation to a disaster or traumatic event](#)

[Strathewen community: A bushfire recovery story 10 years in the making](#)

[Preparing your family for natural disaster](#)

[Supporting children immediately after a disaster or traumatic event](#)

[Supporting children in the short term after a disaster or traumatic event](#)

[Supporting children in the long term after a disaster or traumatic event](#)

Delivery partners:



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