Engaging children
Learning Pathway

Emerging Minds
Learning

National Workforce Centre for Child Mental Health

Mental health is a vital component of a child's development and lifelong wellbeing. These **online courses** have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

Engaging with children   1HR

This course introduces you to the concept of engaging children as partners in practice, as a foundation for responding to child mental health concerns.

Engaging children: Good beginnings   3HRS

In this course you will work towards developing your confidence to utilise a range of practice skills in beginning to work with children in relation to their mental health and social and emotional wellbeing.

Engaging children: Rich pictures   2HRS

In this course you will work towards developing your confidence to utilise a range of practice skills for beginning to develop a rich picture of children's strengths, skills, know-how and values. These skills can provide a foundation for reducing the impact of problems on their mental health and social and emotional wellbeing.

Engaging children: Shrinking problems   2HRS

In this course you will work towards developing your confidence to utilise a range of practice skills for working with children to understand the child's perspective on their problems they are contending with, and begin to reduce their impact on the child's mental health and social and emotional wellbeing.

Supporting resources

The following resources support the knowledge gained throughout the courses we've recommended. Make sure to save your resources by adding them to your Favourites when you're logged in.

Engaging children: Opening the door to the problem **Podcast**

This episode explores practices for potentially 'opening the door' to a conversation with the child about the problem they're facing.

Engaging children: Exploring children's strengths and interests **Podcast**

This episode explores the importance of asking children about their strengths, skills, know-how and interests.

Engaging children: Naming and framing the problem **Podcast**

This episode explores ways to help children describe problems in their own terms and in ways that are meaningful and useful for them.

Including children and young people in practice and policy decisions **Podcast**

Dr Ben Lohmeyer discusses society's 'exclusionary' attitudes towards children and young people, and looks at ways to collaborate with children.

Shrinking problems with children and families **Webinar**

This webinar outlines practice skills for working with children who are experiencing emotional wellbeing difficulties.

Engaging children in practice: Who's in the room? **Interactive online session**

Clare Klapdor, Manager at Centacare and Chris Dolman, Senior Workforce Development Officer at Emerging Minds, discuss 'Who's in the room?', a module from the Emerging Minds online course, *Engaging children: Good beginnings*.

To view all online courses and resources visit
learning.emergingminds.com.au

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