

## Stories of deadly dads: How Aboriginal and Torres Strait Islander fathers keep strong

Aboriginal and Torres Strait Islander peoples should be aware that this resource may contain images or names of people who have passed away.

This series of six short stories from Aboriginal and Torres Strait Islander fathers is intended to provide learning opportunities for individual reflections or team discussions – quick sessions that can be held in a meeting or lunch break.

Each session includes a short 5- to 10-minute film with different learning objectives and reflective questions. These sessions are aimed at practitioners and services who support First Nations families, including men and their children, helping them start conversations and promote reflective practices. You may also consider using these videos in your practice or group work with fathers, as these stories have been given by men, to support men and will resonate for many Aboriginal and Torres Strait Islander fathers.

Each session will take approximately 30 minutes for individuals to complete and one hour for teams, depending on the discussion generated.

### Who is this resource for?

This resource will benefit practitioners in mainstream health, education and social and community services who work with Aboriginal and Torres Strait Islander children and families.



### Online courses

[Rebuilding our shields: Sharing the stories of deadly dads](#)

[Using Aboriginal cultural knowledge systems to strengthen families' resilience](#)



### Practice paper

[Engaging fathers in early childhood services](#)

Developed for community-based delivery, these lunchtime session packages can be supported through the following additional resources for reference or clarification.

### Summary

Aboriginal and Torres Strait Islander fathers play a vital role in supporting their children's wellbeing. Yet current service provision excludes many people from this village network. Aboriginal and Torres Strait Islander fathers are frequently overlooked.

There are many ways in which practitioners and organisations can include and provide opportunities for fathers to voice their hopes for their children in their conversations including:

- by being curious about cultural differences in parenting and asking questions that will draw out what is important for fathers' hopes and dreams for their children
- continuous cultural self-reflection in practice, understanding and placing their cultural views and beliefs in context
- seeking guidance from local Aboriginal and Torres Strait Islander men's group or colleagues who may support their knowledge and practice.

This resource was co-designed by:



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