

Decolonising mental health when working with Aboriginal and Torres Strait Islander children and families

Emerging Minds Resources

Online courses:

Working with First Nations families and children: A framework for understanding online course:

This course will assist you, as a non-Aboriginal practitioner, to develop the skills and understanding to build genuine partnerships with First Nations children, families and communities.

<https://emergingminds.com.au/online-course/working-with-first-nations-families-and-children-a-framework-for-understanding/>

Narrative therapy one week training at <https://dulwichcentre.com.au/training-in-narrative-therapy/narrative-therapy-one-week-trainings-at-dulwich-centre/>

Websites:

Australian Indigenous Psychology Education

The Australian Indigenous Psychology Education Project (AIPEP) is an innovative Aboriginal-led project pioneering the way in transforming and decolonising university psychology education.

<https://indigenoupsyched.org.au/>

The Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide prevention

The CBPATSISP produces reports on key topics related to Indigenous suicide prevention.

<https://cbpatsisp.com.au/our-work/> **Resources for clinicians**

<https://cbpatsisp.com.au/the-manual-of-resources/clinicians-front-line-workers/>

Genograms:

Using Genograms in infant mental health assessment from Emerging Minds available at

[Using genograms in infant mental health assessments \(emergingminds.com.au\)](https://emergingminds.com.au/using-genograms-in-infant-mental-health-assessments)

Department of Families, Fairness and Housing (Victoria) Genogram program user guide:

<https://www.cpmanual.vic.gov.au/advice-and-protocols/tools-and-checklists/genogram-program-user-guide>

Reading:

Tuck, E., & Yang, K. W. (2021). Decolonization is not a metaphor. *Tabula Rasa*, (38), 61-111.

Transforming Indigenous Mental health and Well Being <https://timhwb.org.au/publications/>



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Wolfe, P. (2006). Settler Colonialism and the Elimination of the Native. *Journal of genocide research*, 8(4), 387-409.

Factsheets & toolkits:

Dance of Life Helen Milroy

The Dance of Life depicts a multi-dimensional model of health and wellbeing, from the perspective of First Nation's Peoples.

https://timhwb.org.au/wp-content/uploads/2021/10/Dance-Of-Life-Fact-Sheet-FinalDraft2-LightOchre_for-online.pdf

Working with Aboriginal and Torres Strait Islander families and children toolkit:

<https://emergingminds.com.au/resources/toolkits/working-with-aboriginal-and-torres-strait-islander-families-and-children/>