

Explaining the domains

41 capability and professional attribute questions were grouped into 6 domains:

- 1 Child mental health capability
- 2 Child mental health practice
- 3 Workplace support
- 4 Facilitating support
- 5 Infant mental health
- 6 Childhood trauma and adversity

What do the scores mean?

Questions were rated on a 7-point scale:
1 = Strongly disagree to 7 = Strongly agree

6-7 high level capability

5-6 moderate capability

4 and below low level capability

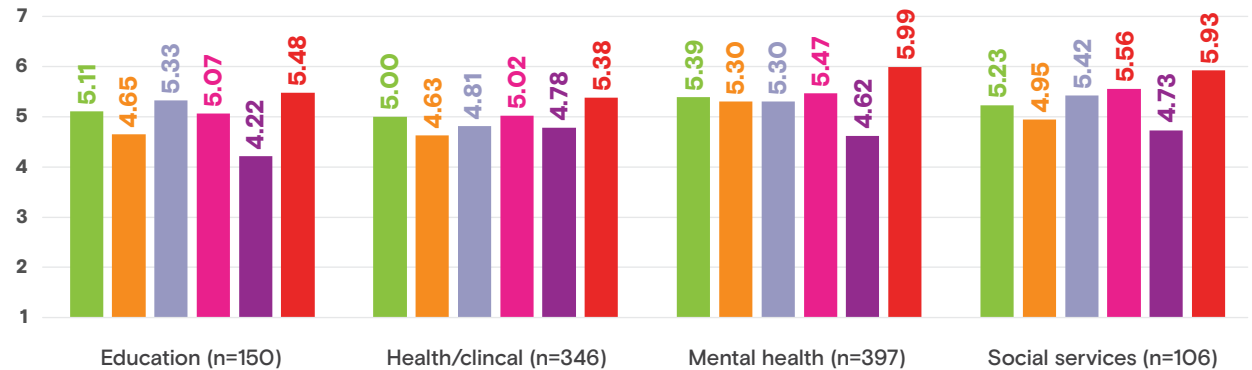
National Workforce Survey for Parent, Family and Child Mental Health 2020-21

From December 2020 to March 2021 we asked health, social and community services workers across Australia how they viewed their own capabilities around understanding and supporting children's mental health. This document gives a snapshot of what they said.



How do different profession groups rate their capabilities?

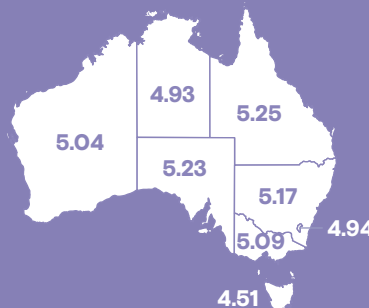
Average score 5.14



Capability by geography

All states and territories within reach of the national average

5.14



BY REGION

5.13

Major cities

5.13

Non-city locations

BY DISADVANTAGE

5.11

Most

5.22

Middle level

5.02

Least

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KEY FINDING ONE

There is a gap between **1 knowledge** and **2 practice** in child mental health capability



Child mental health capability knowledge, confidence and skills scores were **20% higher** than **Child mental health practice** scores

KEY FINDING TWO

Workers understand **6 theory and impacts of trauma** but are less confident **6 responding to children** who have experienced trauma

6.47

"I understand how adult problems can have an impact on child mental health"

HIGHEST RATED ITEM

5.18

"I am confident in responding to children that have experienced trauma and adversity"

KEY FINDING THREE

5 Infant mental health competency is low in many workforce groups

56%

Only **56%** were confident in infant mental health
(rating their capability more than 5)

3.86

"I know how to recognise early signs of mental health symptoms in infants (aged 0-2 years)"

LOWEST RATED ITEM

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KEY FINDING FOUR

How workers scored their **1 knowledge, confidence and skills** was the greatest predictor for their **2 Child Mental Health Practice** score

LEARNING CAN HELP BRIDGE THE KNOWLEDGE - PRACTICE GAP

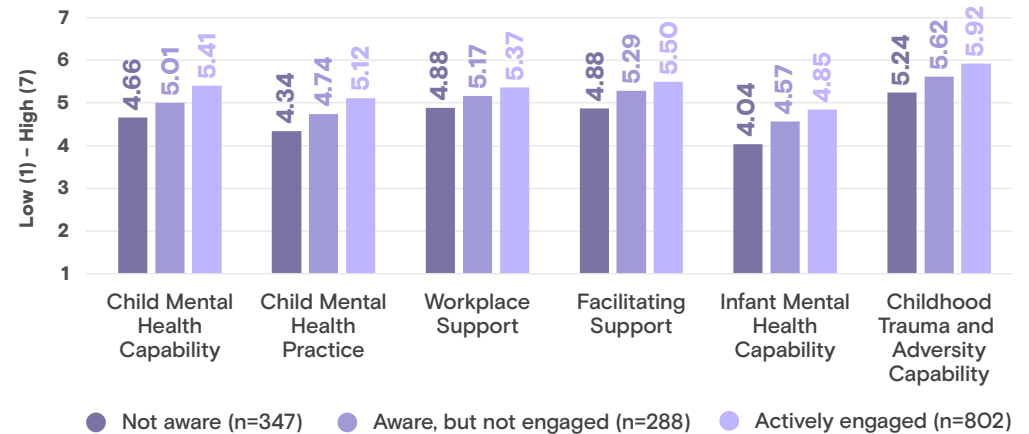
KEY FINDING SIX

Workers who engage with **Emerging Minds** have higher measured capabilities of child mental health across all domains

KEY FINDING FIVE

Most workers felt confident **4 facilitating support** through referrals, collaboration or providing information but indicated a **lack of services to refer to**

5.31



What are users saying about Emerging Minds?

The National Workforce Centre for Child Mental Health (NWC) is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

88%

Would recommend Emerging Minds

80%

Gained useful new knowledge from resources

72%

Resources improved confidence talking with families

Check out the Emerging Minds website for detailed results

To find out more about the National Workforce Survey, or to disseminate the survey to your sector, contact our Research and Evaluation team marshc@emergingminds.com.au

Emerging Minds.

National Workforce Centre for Child Mental Health