Bullying
Learning Pathway

Emerging Minds
Learning

National Workforce Centre for Child Mental Health

Mental health is a vital component of a child's development and lifelong wellbeing. These **online courses** have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

Understanding childhood bullying and mental health

1.5HR

This course introduces practitioners to the impact of childhood bullying on the mental health of Australian children aged 4–12 years. You'll learn about five key aspects that can influence a practitioner's understandings of childhood bullying.

Practice strategies for childhood bullying

3.5HR

This course focuses on skills that will help you to support the mental health of children aged 4 to 12 years who have been experiencing or engaging in bullying behaviour. You'll learn eight key skills to support children's mental health around bullying involvement.

Supporting resources

The following resources support the knowledge gained throughout the courses we've recommended. Make sure to save your resources by adding them to your Favourites when you're logged in.

Childhood bullying In focus

This article explains childhood bullying, the risk factors and indicators for bullying, the effects of childhood bullying on mental health and resources to support your understanding.

Childhood bullying and mental health series Podcasts

Join our practitioners as they discuss the impact of bullying in childhood and the role that you can play in responding and supporting them.

Supporting the mental health of children who experience bullying Webinar

This webinar aims to increase the skills and confidence of mental health professionals in responding to children who experience bullying behaviour.

Supporting families to navigate school responses in bullying Practice paper

This resource presents principles and practices that can be applied by a wide range of practitioners who form relationships with children and families when checking in about bullying.

Working with families to prevent bullying Practice paper

This paper describes how practitioners from a range of fields who are employed outside the school system can help protect children from bullying.