

Supporting children's mental health when working with separated parents

Emerging Minds Resources

****Please note that all links provided in this document were accurate as at the date of publication – Tuesday, 26th September, 2023****

Emerging Minds online courses

[Supporting children's mental health when working with separating parents](#)

This online course focuses on making children's wellbeing a central aspect of the conversations practitioners have with parents who are going through separation or divorce.

[The impact of family and domestic violence on the child](#)

This online course provides you with an introduction to the impact of family and domestic violence (FDV) on children. It gives a definition of family and domestic violence, and highlights the impact that it can have on a child's relationships, physical health, and social and emotional wellbeing.

[Family and domestic violence and child-aware practice](#)

This online course examines opportunities for practitioners to engage in a prevention and early intervention approach to promote children's mental health and wellbeing in the context of family and domestic violence (FDV).

Emerging Minds podcast episodes

[Positive post-separation parenting podcast](#)

How can parents separate or divorce in a way that supports their children? After discovering that there was no research on this question, Dr. Priscilla Dunk-West conducted a study to find out for herself. Priscilla is a social worker and sociologist and currently teaches at the Flinders University of South Australia. Listen to this podcast for an exploration of her findings and discussion of the key elements that support positive parenting after divorce or separation.

Emerging Minds practice papers

[How to speak with separating parents about their children's wellbeing](#)

[Working with separating parents to support children's wellbeing: What can we learn from evidence-based programs?](#)



This webinar was co-produced by MHPN and Emerging Minds for the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) project. The NWCCMH is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.



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Training and Resources

[Steps parents take](#)

A tip sheet outlining how parents have tried to lessen the impacts of separation on their children and themselves

[Parents supporting parents after separation](#)

A tip sheet sharing the experiences and learnings of other parents who have navigated separation can spark ideas for things that might help you and your family.

Other Resources

The Family Relationship Advice Line – Contact: 1800 050 321

24 Hour Domestic Violence Help Line – Contact: 1800 800 098

1800 Respect - Contact: 1800 737 732

SAPOL Family Violence Investigation unit

<https://www.police.sa.gov.au/your-safety/domestic-violence>

Relationships Australia website

www.rasa.org.au

Because its for the Kids Booklet

<https://childrenbeyonddispute.com/parentsycids/because-its-for-the-kids-e-book/>

Womens Safety Service

<https://womenssafetyservices.com.au/>

Legal Services Commission South Australia for free legal advice

<https://lsc.sa.gov.au/>

[Noarlunga Family Relationship Centre](#)

Strengthening Family Relationships / Helping Families Stay Together / Assisting Families Through Separation. Contact: 8202 5200 Email: NoarlungaFRC@unitingcommunities.org



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