

## Primary health strategies for working with children who present with ADHD concerns



**Amanda Peters**  
**Lived Experience/  
Child and  
Family Partner,  
SA**

Amanda is a busy Mum to two children aged 12 and 15 years old. She has worked for over 20 years in various early childhood services and has a keen interest in supporting the mental health of children.

From her personal and professional experience, Amanda has a good understanding of how health and social services can assist with supporting the social and emotional wellbeing of children, parents, families and communities.

Amanda has contributed to a range of Emerging Minds projects as a Child and Family Partner, generously offering her lived experience perspectives to e-learning courses, webinars, consultations and review of resources.



**Carla Koay**  
**Occupational  
Therapist, SA**

Carla is a paediatric occupational therapist working in private practice. For the past 17 years she has worked with children and their families across a range of government, non-government, and private settings, including in public health, early childhood, disability, and education. She has completed post-graduate study in the fields of education and developmental trauma.

Carla is passionate about working relationally with children, along with their families and educators, and is committed to creating strong partnerships in therapy. She is particularly interested in the areas of regulation, social and emotional development, sensory processing, play, and motor skills development. As an occupational therapist, she supports children to engage and thrive in the everyday activities they find meaningful.



**Dr Andrew  
Leech**  
**General  
Practitioner, WA**

Dr Andrew Leech

holds a FRACGP fellowship and has completed a Bachelor of Science and Child Health Diploma. He is a passionate advocate for child and adolescent mental health and regularly advises a number of organisations including Emerging Minds, the MHPN, the AMA, ADHD WA and the RACGP.

His advocacy work has led him to appear across mainstream media including the ABC, Channel 7, and radio networks alongside presenting at National and International conferences.

Andrew was awarded the RACGP WA GP of the year in 2023 and the 'Legend Award' in 2021 and was selected as a candidate of the Future Leaders Program. He represents General Practice at State and Federal Government levels to discuss the importance of improving access to mental health care for children and their families. He recently lobbied for greater access for ADHD in WA, representing General Practice.

Andrew is the director and owner of the Garden Family Medical Clinic in Perth.

The 'Garden' is a unique clinic that aims to revolutionise primary healthcare through a more inviting, calming, and non-clinical environment. It was a finalist in Australia's small business awards for its first year of opening.

Andrew regularly teaches medical students and registrars at his clinic.



**Facilitator:  
Nicole Rollbusch**  
**Practice  
Development  
Officer, SA**

Nicole is a Practice Development Officer with Emerging Minds. With a background in psychology and social work, Nicole has worked in both government and non-government organisations providing therapeutic support to children and families experiencing a variety of challenges.

Nicole's particular areas of work have been in child mental health, domestic violence and homelessness, and post-separation support for both children and parents.

Moving into content development in child mental health has provided Nicole with a different perspective on the work and she enjoys the challenge of translating knowledge from research, practitioners, and the expertise of those with lived experience to support the learning of health and social services practitioners.