

Aboriginal and Torres Strait Islander social and emotional wellbeing curriculum guide

Aboriginal and Torres Strait Islander peoples should be aware that this resource may contain images or names of people who have passed away.

Aboriginal and Torres Strait Islander health is viewed in a holistic context that encompasses mental, physical, cultural and spiritual health. To maintain this holistic perspective in the curriculum, it's important to acknowledge the impact of contextual factors such as colonisation and its implications for service systems, which are not built for Aboriginal and Torres Strait Islander communities, alongside the content you are referencing. Only by integrating this contextual information can the unique and interconnected aspects of Aboriginal and Torres Strait Islander social and emotional wellbeing be understood, and a comprehensive and culturally sensitive approach to education be promoted.

We have included additional information about Aboriginal and Torres Strait Islander education that we recommend you read before integrating any materials.

- [Psychology education needs to reflect the lives of aspiring Aboriginal and Torres Strait Islander students](#)
- [National Strategic Framework for Aboriginal and Torres Strait Islander peoples' mental health and social and emotional wellbeing 2017–2023](#)



All Emerging Minds resources listed in this guide have been co-created with Aboriginal and Torres Strait Islander knowledge holders, through a process and approach of inclusive content development, preferencing Aboriginal and Torres Strait Islander knowledges and ways of knowing, being and doing to work towards pedagogical and epistemological equality.

By linking Emerging Minds resources, students will have access to a wide range of content aimed at enhancing their knowledge and skills in how to support infant and child mental health. In using this guide, you play a crucial role in fostering a society where the wellbeing of our youngest members is prioritised, ensuring a brighter and healthier future for all.

For academics

This guide has been designed to help you link your curriculum to Emerging Minds resources that support your students' learning journey.

While originally designed for the practicing workforce, university students – the future workforce – can benefit from the contemporary practice examples, real-life case studies and supporting materials included in our resources.

Whether it's a reading assignment, case study, or discussion topic, linking to our resources can provide frameworks from community that can support your students to gain a common language of Aboriginal and Torres Strait Islander social emotional wellbeing.

Integrating our resources

Emerging Minds resources can be seamlessly integrated into your curriculum. The following recommended resources can be directly linked within your course materials or online learning platform.

If you're seeking a tailored support experience, please email info@emergingminds.com.au.

In the field of Aboriginal and Torres Strait Islander social and emotional wellbeing, we recommend the following resources.



Online courses

- [Working with Aboriginal and Torres Strait Islander families and children: A framework for understanding](#)
- [Improving the social and emotional wellbeing of Aboriginal and Torres Strait Islander children*](#)
- [Using Aboriginal cultural knowledge systems to strengthen families' resilience](#)
- [Replanting the birthing tree: Supporting Aboriginal and Torres Strait Islander families and children in the first 2,000 days*](#)

Tip: Access to Emerging Minds courses is free.

*Upon completion of these online learning course, students will receive a personalised certificate. This certificate can be uploaded to your learning management system (LMS) as confirmation of course completion.



Webinars

- [Responding to family violence in Aboriginal and Torres Strait Islander families to support children's social and emotional wellbeing](#)
- [Aboriginal and Torres Strait Islander children and the effects of intergenerational trauma](#)



Podcasts

- [Mental health support for Aboriginal and Torres Strait Islander families](#)
- [Using Elders' wisdom to guide your practice](#)
- [A story of resilience](#)



Additional material

- [The whole Aboriginal and Torres Strait Islander child \(video\)](#)
- [Working with Aboriginal and Torres Strait Islander families and children toolkit](#)
- [Aboriginal and Torres Strait Islander social and emotional wellbeing learning pathway](#)

More curriculum guides

Visit the Emerging Minds website for [all available curriculum guides](#).

