# **Emerging Minds.**

National
Workforce
Centre for Child
Mental Health

## Behavioural science curriculum guide

Various subject matter experts such as qualified practitioners, researchers and university academics helped us tailor curriculum guides in the following fields:

- Behavioural science
- Education
- General practice
- Midwifery
- Nursing
- Occupational therapy
- Social science
- Social work
- Speech pathology

The resources recommended in the <u>Aboriginal and Torres Strait Islander social and emotional wellbeing curriculum guide</u> were co-created with Aboriginal and Torres Strait Islander knowledge holders.

By linking Emerging Minds resources students will have access to a wide range of content aimed at enhancing their knowledge and skills in how to support infant and child mental health. In using this guide, you play a crucial role in fostering a society where the wellbeing of our youngest members is prioritised, ensuring a brighter and healthier future for all.

#### For academics

This guide has been designed to help you link your curriculum to Emerging Minds resources that support your students' learning journey.

While originally designed for the practicing workforce, university students – the future workforce – can benefit from the contemporary practice examples, real-life case studies and supporting materials included in our resources.



Whether it's a reading assignment, case study, or discussion topic, linking to our evidence-based resources can support your students to gain a common language of children's mental health, wellbeing, development and trauma.

#### Integrating our resources

Emerging Minds resources can be seamlessly integrated into your curriculum. The following recommended resources can be directly linked within your course materials or online learning platform.

If you're seeking a tailored support experience, please email <a href="mailto:info@emergingminds.com.au">info@emergingminds.com.au</a>.

#### **Recommended resources**

In the field of behavioural science or psychology, we recommend the following resources.



#### **Online courses**

- Understanding child mental health
- Understanding brain development
- · The impact of trauma on the child

Tip: Access to Emerging Minds courses is free. Upon completion of the online learning course, students will receive a personalised certificate. This certificate can be uploaded to your learning management system (LMS) as confirmation of course completion.



#### **Webinars**

- Supporting children's mental health after trauma webinar
- Collaborating with the family and team:
   Common practice challenges in child mental health
- Exploring, assessing and formulating: Common practice challenges in child mental health



#### **Podcasts**

- · Understanding brain development
- <u>Using genograms in infant mental health</u> assessments
- Supporting children who have experienced trauma



#### **Additional material**

- In focus: Child development
- · In focus: The child and their local ecology
- Fact sheet: Helping children and youth with self-harm behaviours

### More curriculum guides

Visit the Emerging Minds website for <u>all available</u> <u>curriculum guides</u>.



