# Emerging Minds.

National Workforce Centre for Child Mental Health

# General practice curriculum guide

Various subject matter experts such as qualified practitioners, researchers and university academics helped us tailor curriculum guides in the following fields:

- General practice
- Behavioural science
- Education
- Midwifery
- Nursing
- Occupational therapy
- Social science
- Social work
- Speech pathology

The resources recommended in the <u>Aboriginal and</u> <u>Torres Strait Islander social and emotional wellbeing</u> <u>curriculum guide</u> were co-created with Aboriginal and Torres Strait Islander knowledge holders.

By linking Emerging Minds resources students will have access to a wide range of content aimed at enhancing their knowledge and skills in how to support infant and child mental health. In using this guide, you play a crucial role in fostering a society where the wellbeing of our youngest members is prioritised, ensuring a brighter and healthier future for all.

#### For academics

This guide has been designed to help you link your curriculum to Emerging Minds resources that support your students' learning journey.

While originally designed for the practicing workforce, university students – the future workforce – can benefit from the contemporary practice examples, real-life case studies and supporting materials included in our resources.



Whether it's a reading assignment, case study, or discussion topic, linking to our evidence-based resources can support your students to gain a common language of children's mental health, wellbeing, development and trauma.

#### Integrating our resources

Emerging Minds resources can be seamlessly integrated into your curriculum. The following recommended resources can be directly linked within your course materials or online learning platform.

If you're seeking a tailored support experience, please email info@emergingminds.com.au.

### **Recommended resources**

In the field of general practice, we recommend the following resources.

## Online courses

- Supporting children's resilience in general practice
- <u>A GP framework for infant and early</u> <u>childhood mental health assessment (O-5</u> <u>years)</u>
- <u>A GP framework for child mental health</u> <u>assessment (5-12 years)</u>
- Supporting children and families in general practice after a natural disaster or community trauma

Tip: Access to Emerging Minds courses is free. Upon completion of the online learning course, students will receive a personalised certificate. This certificate can be uploaded to your learning management system (LMS) as confirmation of course completion.

## Additional material

- Successful referral to clinical and nonclinical services: Tips for GPs
- Supporting trans or gender diverse children and their families with gender affirmation: A guide for GPs and paediatricians
- General practice learning pathway

# More curriculum guides

Visit the Emerging Minds website for <u>all available</u> <u>curriculum guides</u>.



## **Webinars**

- Infant and early childhood mental health: <u>Connecting with children and families</u>
- Child mental health: Foundation webinar
- <u>Collaborating with the family and team:</u> <u>Common practice challenges in child</u> <u>mental health</u>

## Podcasts

- <u>Key skills in engaging children during a</u> <u>child mental health assessment</u>
- <u>Responding to child anxiety in general</u> practice
- <u>Transferable skills and the role of GPs in</u> <u>child mental health assessment</u>

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