Emerging Minds.

National
Workforce
Centre for Child
Mental Health

Midwifery curriculum guide

Various subject matter experts such as qualified practitioners, researchers and university academics helped us tailor curriculum guides in the following fields:

- Midwifery
- Behavioural science
- Education
- General practice
- Nursing
- Occupational therapy
- Social science
- Social work
- Speech pathology

The resources recommended in the <u>Aboriginal and Torres Strait Islander social and emotional wellbeing curriculum guide</u> were co-created with Aboriginal and Torres Strait Islander knowledge holders.

By linking Emerging Minds resources students will have access to a wide range of content aimed at enhancing their knowledge and skills in how to support infant and child mental health. In using this guide, you play a crucial role in fostering a society where the wellbeing of our youngest members is prioritised, ensuring a brighter and healthier future for all.

For academics

This guide has been designed to help you link your curriculum to Emerging Minds resources that support your students' learning journey.

While originally designed for the practicing workforce, university students – the future workforce – can benefit from the contemporary practice examples, real-life case studies and supporting materials included in our resources.



Whether it's a reading assignment, case study, or discussion topic, linking to our evidence-based resources can support your students to gain a common language of children's mental health, wellbeing, development and trauma.

Integrating our resources

Emerging Minds resources can be seamlessly integrated into your curriculum. The following recommended resources can be directly linked within your course materials or online learning platform.

If you're seeking a tailored support experience, please email info@emergingminds.com.au.

Recommended resources

In the field of midwifery, we recommend the following resources.



Online courses

- Promoting infant and toddler mental health with parents
- · Keeping the infant and toddler in mind
- Understanding brain development

Tip: Access to Emerging Minds courses is free. Upon completion of the online learning course, students will receive a personalised certificate. This certificate can be uploaded to your learning management system (LMS) as confirmation of course completion.



Additional material

- In focus: Child development
- In focus: The child and their local ecology
- · Infant mental health learning pathway

More curriculum guides

Visit the Emerging Minds website for all available curriculum guides.





Webinars

- What is infant and child mental health and why is it important for all practitioners to think about it
- Infant and early childhood mental health:
 Collaborating with the family and the team to support the child
- Practice skills to promote infant and parent mental health in the first 12 months of life



Podcasts

- Insights on infant sleep with Dr Pamela Douglas
- How holistic pregnancy care promotes infant mental health
- Using cue-based infant massage to support infant mental health

