



## Navigating cultural differences: Culturally responsive practice supporting families

**\*\*Please note that all links provided in this document were accurate as at the date of publication – Wednesday 20<sup>th</sup> March, 2024\*\***

### Emerging Minds Practice Papers

- Emerging Minds (2020). Creating culturally responsive practice and services to support the mental health of children from culturally and linguistically diverse (CALD) backgrounds. Available here: <https://emergingminds.com.au/resources/creating-culturally-responsive-practice-and-services-to-support-the-mental-health-of-children-from-culturally-and-linguistically-diverse-cald-backgrounds/>
- How the experiences and circumstances of culturally and linguistically diverse (CALD) children and families influence child mental health – This practice paper explores how the experiences of children and families from culturally and linguistically diverse (CALD) backgrounds can affect child mental health. It looks specifically at the experiences of parents and children who migrated to Australia for nonhumanitarian reasons, such as work, education or family. Available here: <https://emergingminds.com.au/resources/how-the-experiences-and-circumstances-of-culturally-and-linguistically-diverse-cald-children-and-families-influence-child-mental-health/?audience=practitioner>
- Practicing cultural curiosity when engaging with children and families – This paper provides an overview of some important considerations in relation to ‘culturally competent’, ‘culturally curious’ and child focused practices when engaging with children and families from refugee and migrant communities. Available here: <https://emergingminds.com.au/resources/practicing-cultural-curiosity-when-engaging-with-children-and-families/?audience=practitioner>
- Culturally informed ways to support mental health in refugee and asylum seeker children – This resource provides information about culturally informed ways to support the mental health of refugee and asylum seeker children. It aims to support practitioners from a range of mental health, social work and community sector backgrounds who work with children and families from refugee and asylum seeker backgrounds. Available here: <https://emergingminds.com.au/resources/culturally-informed-ways-to-support-mental-health-in-refugee-and-asylum-seeker-children/?audience=practitioner>

### Emerging Minds Webinars

- Supporting culturally and linguistically diverse children and families who experience racism - This webinar was co-produced by CFCA and Emerging Minds, it is recommended for practitioners who may engage and work with CALD children, families and communities. Available here: <https://emergingminds.com.au/resources/supporting-culturally-and-linguistically-diverse-children-and-families-who-experience-racism/?audience=practitioner>



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- Approaches to support child mental health in culturally and linguistically diverse communities – This webinar, co-produced by CFCA and Emerging Minds, focuses on working with children and families from nonhumanitarian migrant communities. Available here: <https://emergingminds.com.au/resources/approaches-to-support-child-mental-health-in-culturally-and-linguistically-diverse-communities/?audience=practitioner>
- Cultural considerations to support children from migrant and refugee backgrounds – This webinar, co-produced by CFCA and Emerging Minds, explores how to have respectful, collaborative and curious conversations with children and families from migrant and refugee backgrounds. Available here: <https://emergingminds.com.au/resources/cultural-considerations-to-support-migrant-and-refugee-children/?audience=practitioner>

### Emerging Minds Online Course

- Understanding children's mental health in culturally diverse communities - This course considers practice considerations that support culturally responsive and inclusive practice with families. It introduces four key areas to consider when working with families from a difference culture than your own. Available here: <https://learning.emergingminds.com.au/course/understanding-childrens-mental-health-in-culturally-diverse-communities>

### Emerging Minds Podcasts

- This two-part podcast series explores culturally competent practice when working with children and families from migrant and refugee backgrounds, including practices of engagement as well as what is important to consider at the organisational level.

**Part 1** Available here: <https://emergingminds.com.au/resources/podcast/reflections-on-culturally-competent-practice-1/>

**Part 2** Available here: <https://emergingminds.com.au/resources/podcast/reflections-on-culturally-competent-practice-2/>

### Websites

- Refugee Health Network of Australia <https://www.refugeehealthaustralia.org/>

The Forum of Australian Services for Survivors of Torture and Trauma is a network of Australia's eight specialist rehabilitation agencies that work with survivors of torture and trauma who have come to Australia from overseas. Available here: <https://www.fasstt.org.au/>



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- FECCA: Federation of Ethnic Communities Councils of Australia – National peak body representing Australians from CALD backgrounds. Advocate on issues affecting communities to government, business and broader society. Refugee Health Network of Australia <https://fecca.org.au/>
- Victorian Transcultural Mental Health. A comprehensive suite of resources to support mental health workers and mental health organisations undertake community engagement work. <https://vtmh.org.au/engaging-with-communities/>
- Centre for Response-Based Practice; guides and co-ordinates research, development and the application of response-based ideas in various settings <https://www.responsebasedpractice.com/>

### Training

- Vicki Reynolds (PHD RCC) Workshops, trainings, consultations: <https://vikkireynolds.ca/>