

Navigating cultural differences: Culturally responsive practice supporting families



**Summayyah
Sadiq-Ojibara**
**Psychotherapist,
Vic**

Summayyah Sadiq-Ojibara is a
Psychotherapist,

Counsellor and Writer with over 30 years of experience and practice. A multiple award winner for women's leadership, community service and creative writing. Summayyah is the Founder and CEO of ComXtra Knowledge Concepts, a Counselling, Coaching and Creativity Consultancy. She also runs her private practice, DEW Counselling, a service of ComXtra.

She designs and delivers a variety of programs, talks, workshops, camps and retreats, working with diverse individuals, groups, communities and organisations in Australia and overseas.

One of her recent projects as an Advisory Board and project member for Victoria Transcultural Mental Health (VTMH), is the Community Engagement Project on the production of a Community Engagement Resource. The Resource includes a comprehensive suite of resources to support mental health workers and mental health organisations that undertake community engagement work.

Summayyah has published works including children's book series, the first in her 'Time Travel Series' and three titles in her Mindfulness Cards series – Ajo. She also and presents a podcast series; The Time Travel Journal Series.



Julie Ngwabi
**Senior Child Mental
Health Advisor,
NSW**

Julie Ngwabi is a Senior
Child Mental Health
Advisor within the

Partnerships and Implementation Team at Emerging Minds. Her role involves engaging with health organisations and peak bodies to collaborate and explore opportunities to support integrated practices that promote positive mental health outcomes for infants, children, and families. Her passion is family focused mental health care. She is a Person of the Global Majority and is of Southern African heritage. Julie is passionate about CALD child and family wellbeing and mental health.



Rhett McDonald
**Counsellor/
Advocate, SA**

Rhett McDonald is a
Counsellor/ Advocate
working and living
across the lands of the

Boandik First Nations people in Southern Australia. He is employed by Survivors of Torture & Trauma Rehabilitation Assistance Service working with people from a refugee and migrant background who have experienced torture or been traumatised as a result of persecution, violence, war or unlawful imprisonment prior to arrival in Australia.

Striving to work in de-colonising and collaborative ways, the hope is to allow the exchanges of the work to be as transformational as possible for everyone.

Rhett has experience working in the International & Humanitarian sector with over 10

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years spent aboard on assignments in the field of child health, training & development and safety & security.



**Facilitator:
Amanda
Kemperman**

**Practice Development
Officer, SA**

Amanda Kemperman is a Social Worker with 20 years of experience working in various areas such as domestic violence, homelessness, and community services. Currently, she works with the workforce development team translating practitioner and family knowledge and experience into programs and resources.

Amanda has a particular interest in advocating for children's voices and promoting their mental health and wellbeing. Her approach is informed by narrative therapy ideas, and she is always inspired by the ways in which people overcome and rise above the challenges in their lives.

One of Amanda's joys is bringing people together and facilitating conversations that lead to collaborative change.