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**Emerging
Minds.**

National
Workforce
Centre for Child
Mental Health

Webinar 37

Working alongside Aboriginal and Torres Strait Islander children in out-of-home care through a culturally safe framework

7:15 pm to 8:30 pm AEST
Wednesday 17th April 2024

**Emerging
Minds.**

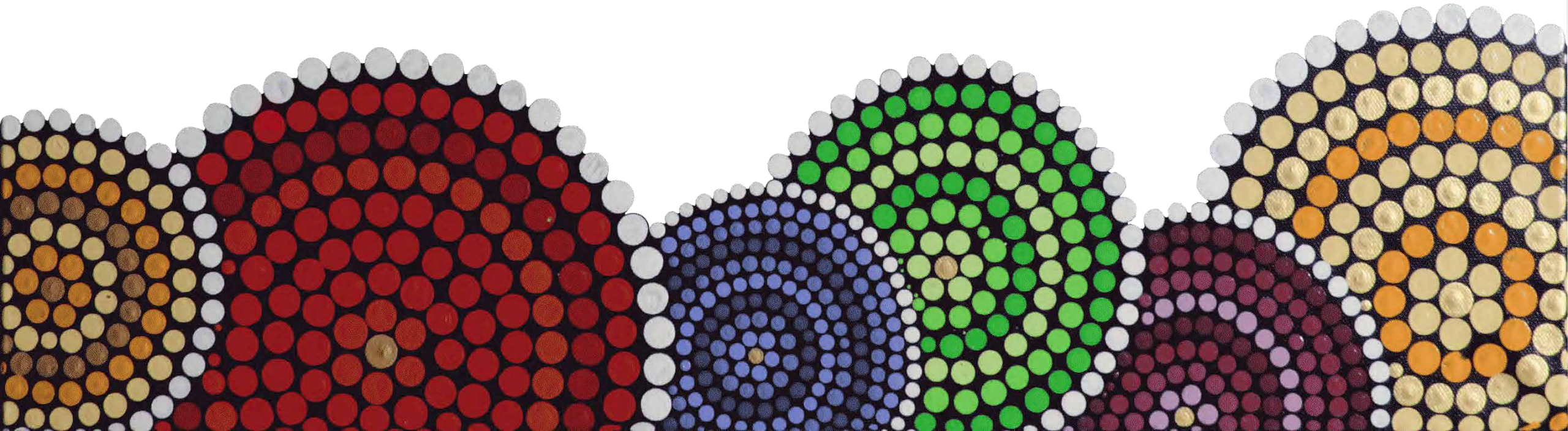
**National Workforce
Centre for Child
Mental Health**



Acknowledgement

National Workforce Centre
for Child Mental Health

We recognise and pay respect to Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the Lands we work, play, and walk on throughout this Country. We acknowledge and respect their Traditional connections to their Land and Waters, culture, spirituality, family, and community for the wellbeing of all Aboriginal and Torres Strait Islander children and their families.



Welcome to Series Six

This is the fifth webinar in the sixth series on infant and child mental health, presented by Emerging Minds and the Mental Health Professionals' Network.

Upcoming webinar topics will include:

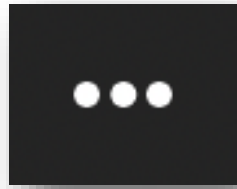
- Practice strategies for children; bullying behaviour (June, 2024)

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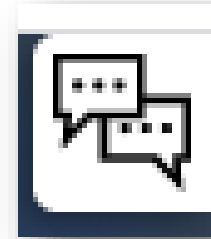
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- 'Information' – access the webinar resources
- 'Ask a Question'- submit a question to the panel
- 'Live Webcast Support' – seek technical assistance



Chat: To open the audience chat box, click on this icon located in the top right hand side corner of your screen.

Learning outcomes

At the webinar's completion, participants will be able to:

- Develop an understanding of the critical importance of cultural identity for Aboriginal and Torres Strait Islander children in out-of-home care.
- Identify how to implement culturally safe strategies to support children's mental health and wellbeing based on the domains of social and emotional well-being.
- Improve how your communication strategies align with Aboriginal and Torres Strait Islander ways of being, knowing and doing.
- Discuss how to develop a collaborative team to support identity 'storying' for Aboriginal and Torres Strait Islander children in out-of-home care and identify who needs to be involved.

Tonight's panel



Candice Butler
Child Protection, QLD



Dan Mitchell
CEO Aboriginal Family
Support Services, SA



Lana Draper
Occupational Therapist,
NSW



Debbie Haynes
Clinical Psychologist
Registrar, NSW



Facilitator:
Dana Shen
Aboriginal Cultural
Consultant, SA

The Child Protection perspective



Candice Butler



The Child Protection perspective



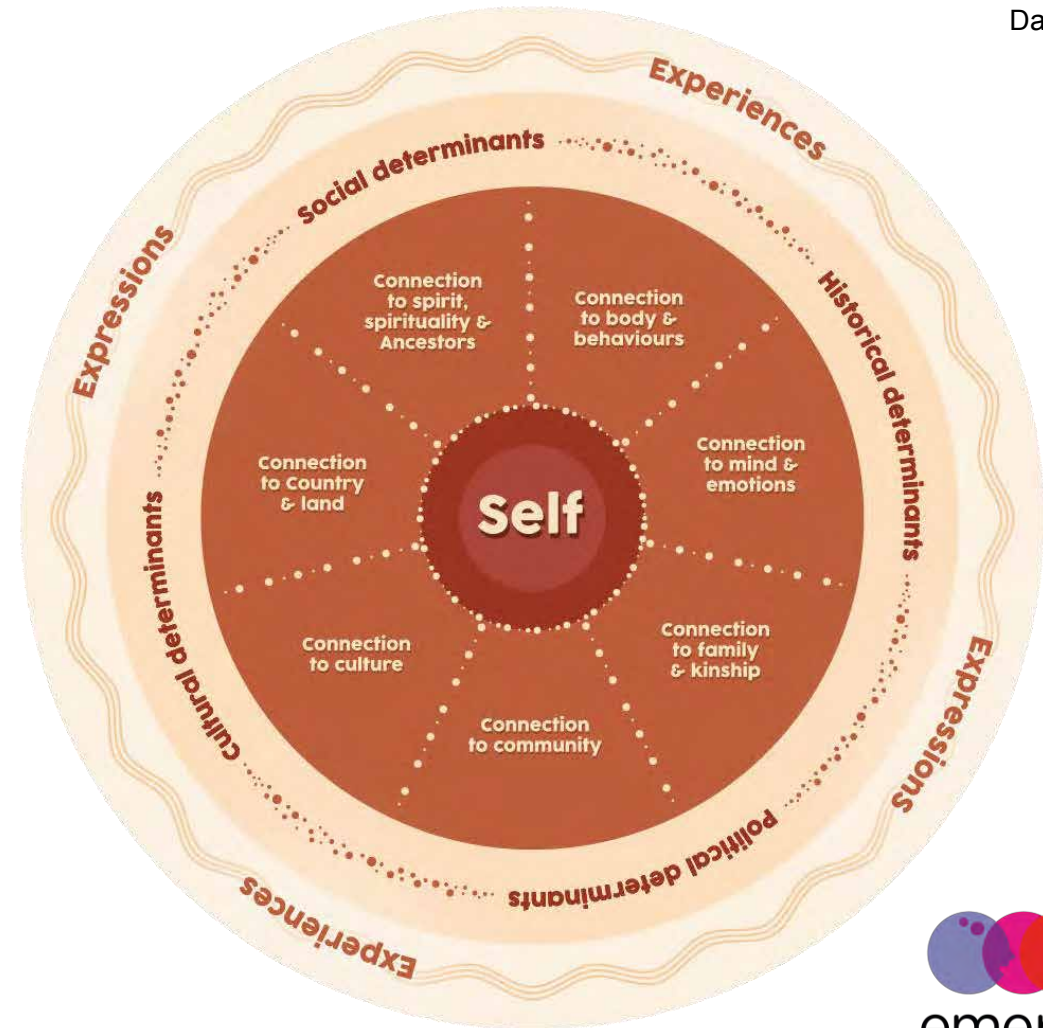
Candice Butler



The Family Support Services' perspective



Dan Mitchell



SEWB Diagram adapted from Gee et al., (2014)

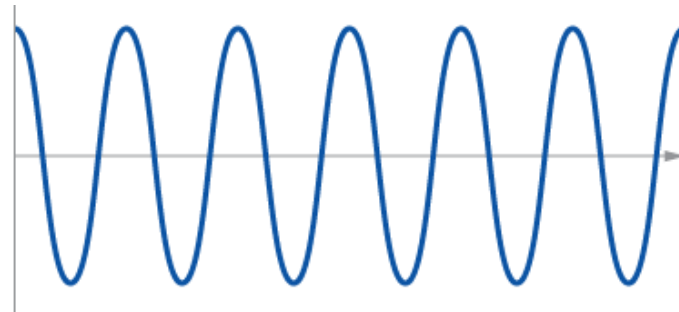
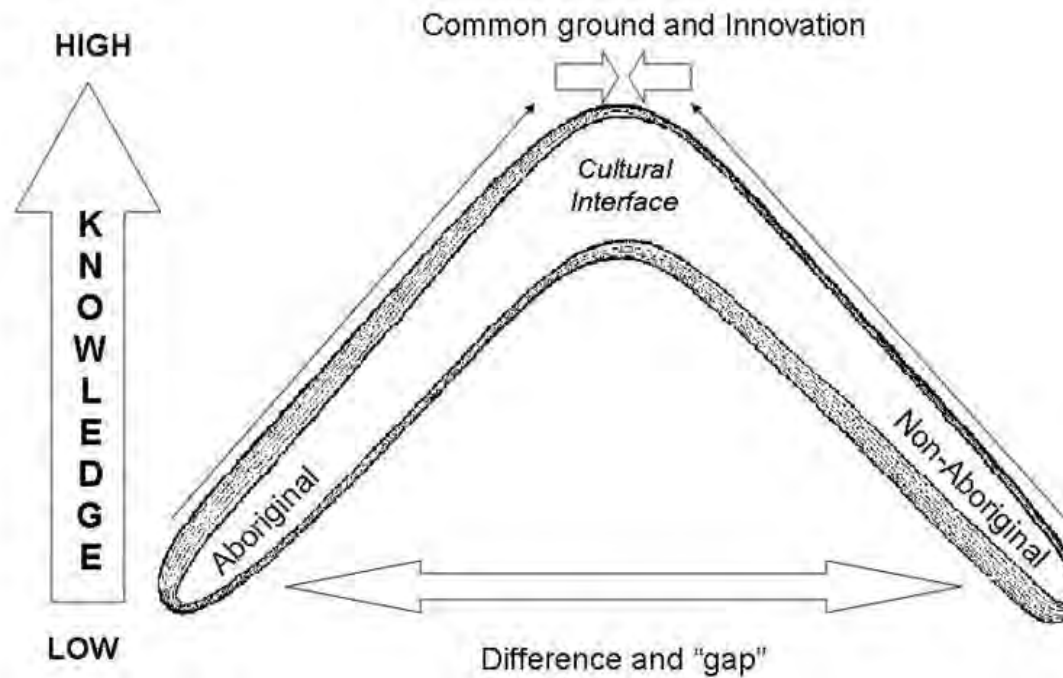


The Occupational Therapist's perspective



Lana Draper

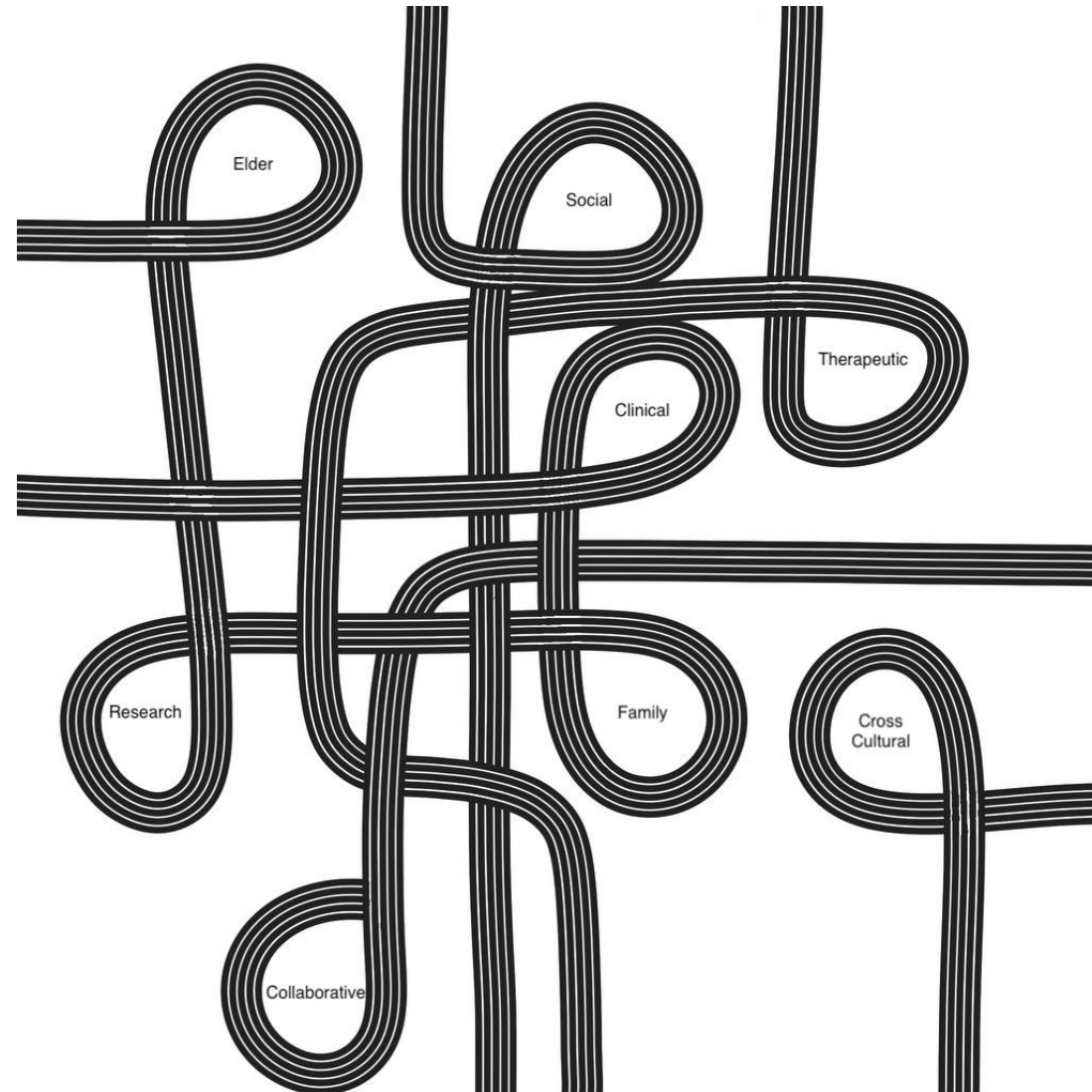
Yarning



The Occupational Therapist's perspective



Lana Draper



Sources: Bessarab et al. 2010; Walker et al. 2014;
Lin et al., 2016; Kennedy et al., 2024



The Occupational Therapist's perspective

Yarning Principles



Lana Draper

RECIPROCITY

SHARED KNOWLEDGE HOLDERS
CREATES BALANCE IN POWER DYNAMICS



RESPECT

PROCESS, PEOPLE AND DIFFERENCES
UNDERSTAND YOUR BIAS AND HOW THAT IMPACTS YOUR DECISIONS

RELATIONALITY

HOW DO YOU FIT IN THEIR WORLDVIEW
YOUR RELATIONSHIPS WITH PEOPLE AND NATURAL WORLD



ACCOUNTABILITY

WHO ARE YOU RESPONSIBLE TO IN COMMUNITY
WHAT RELATIONSHIPS KEEP YOU AUTHENTIC



The Occupational Therapist's perspective

Knowing, doing, being

Yarrkalpa (Hunting Ground)
Martumili Artists



Lana Draper



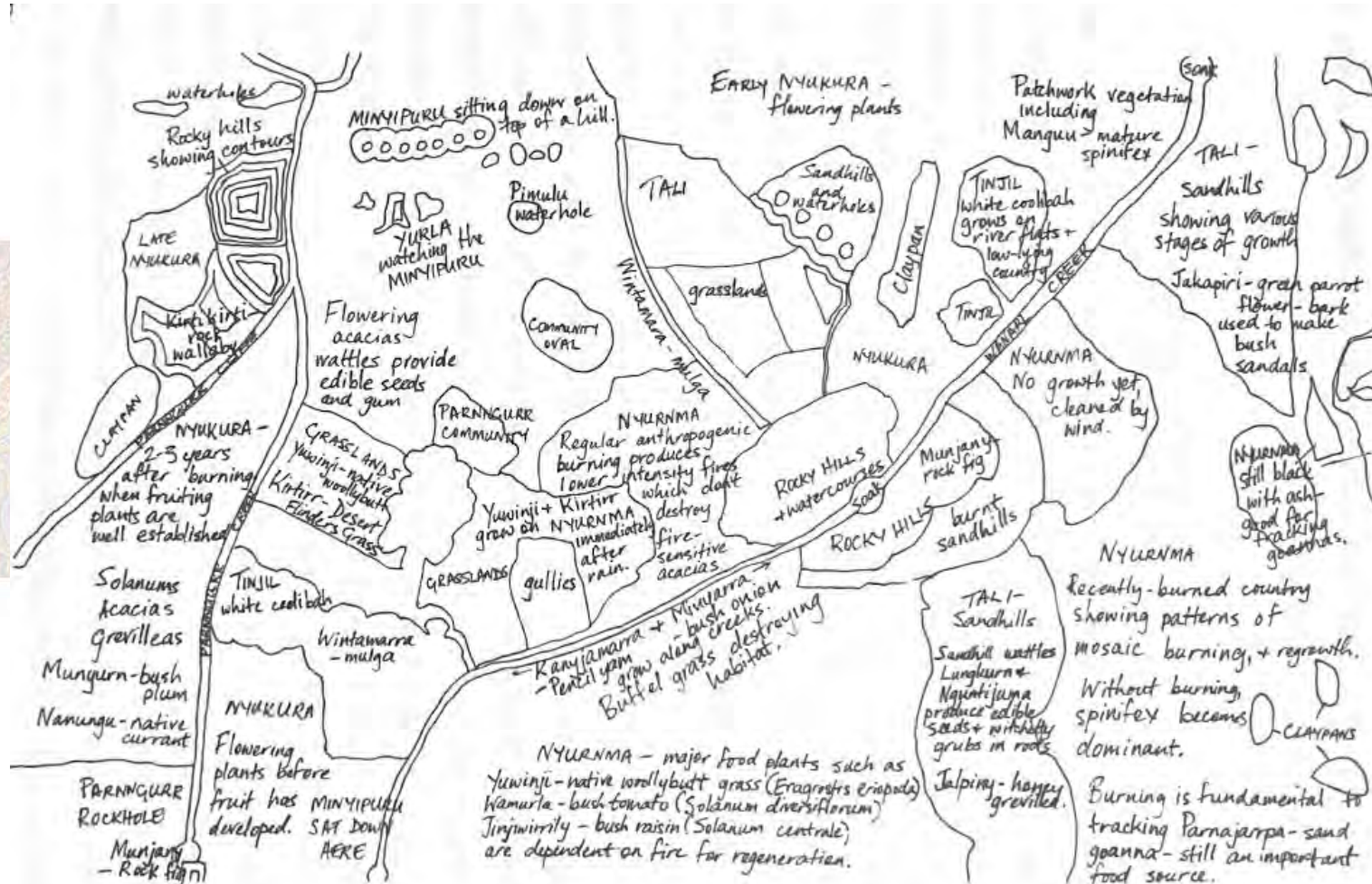
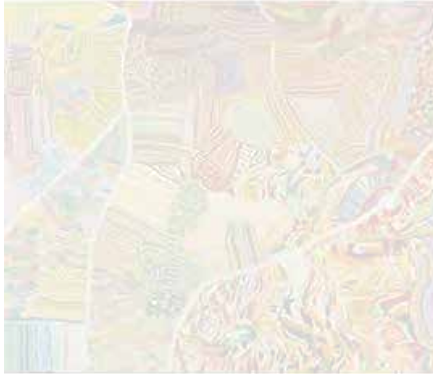
The Occupational Therapist's perspective

Knowing, doing, being

Yarrkalpa (Hunting Ground)
Martumili Artists



Lana Draper



The Clinical Psychologist's perspective



Debbie Haynes



DSM-5-TR:

- Designed by non-Aboriginal people/clinicians
- No consultation by Aboriginal people
- Focuses on the problem/s
- SEWB focuses on strengths you already have

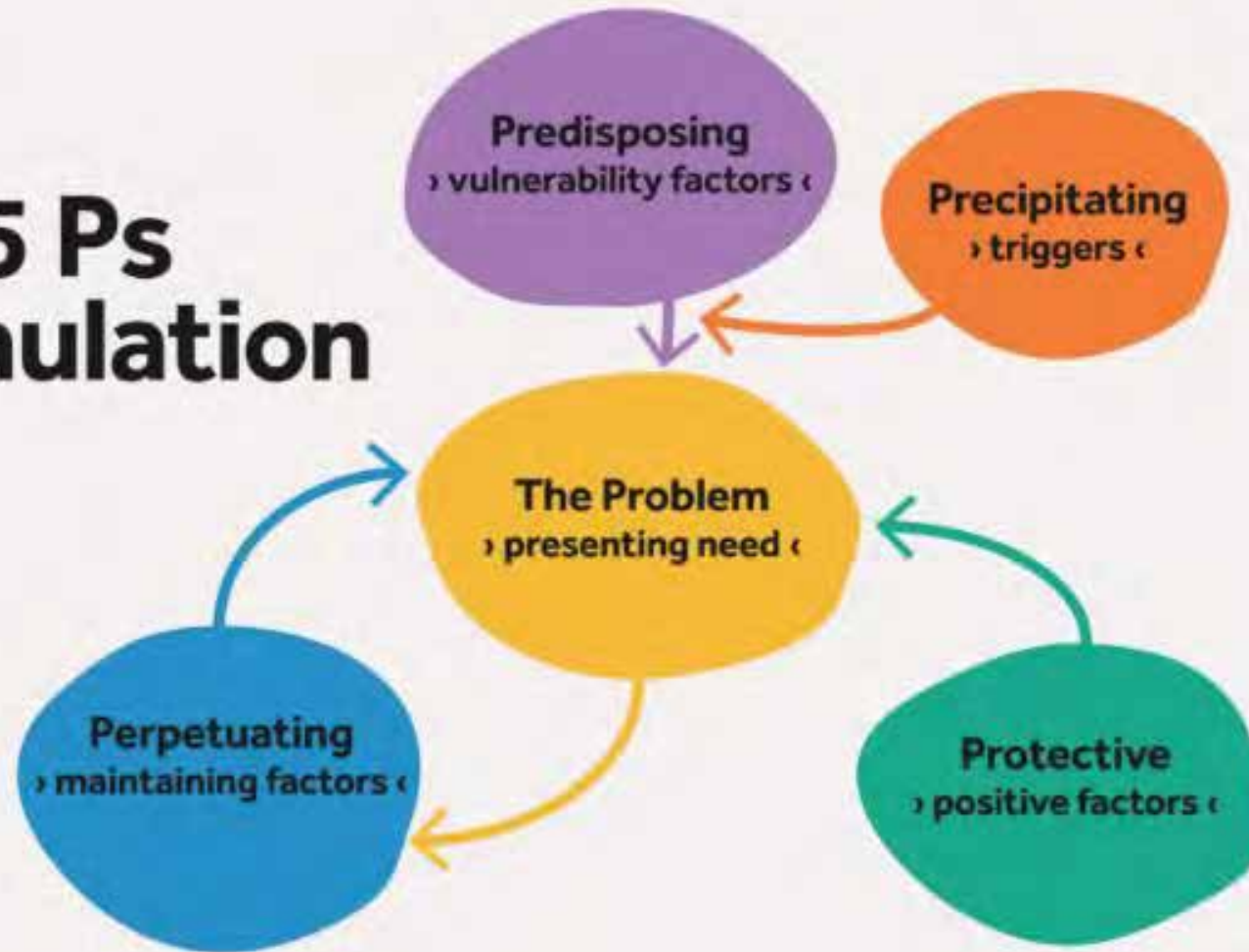


The Clinical Psychologist's perspective



Debbie Haynes

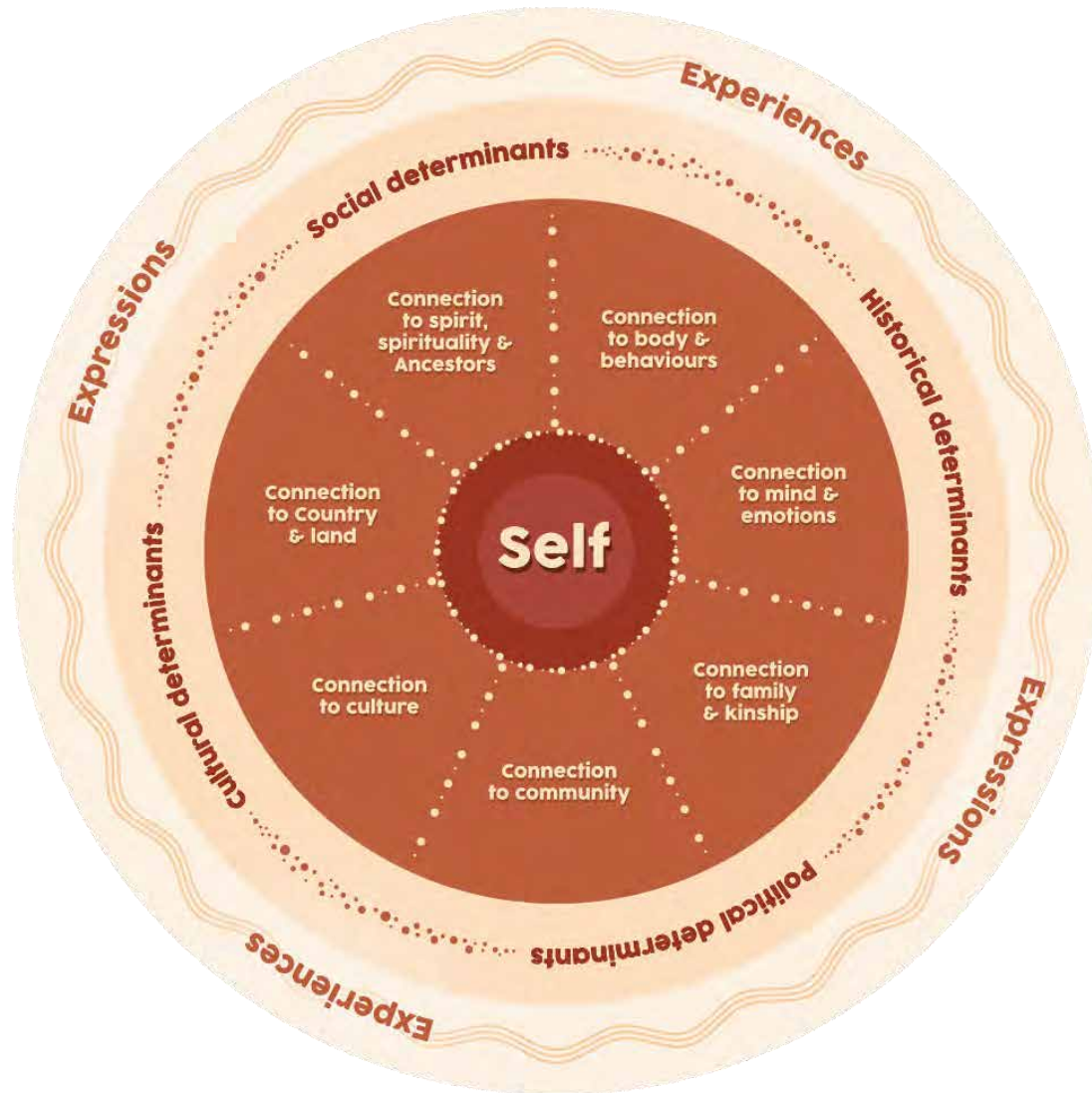
The 5 Ps Formulation



The Clinical Psychologist's perspective



Debbie Haynes



SEWB Diagram adapted from Gee et al., (2014)

Social and emotional wellbeing framework



The Clinical Psychologist's perspective



Debbie Haynes

Social and Emotional Wellbeing Formulation assessment, treatment plan and post assessment

Body & behaviours

- Includes: cultural MSE age weight nutrition, illness, disability, diet, smoking, vaping, TBI, FASD, ADHD, child removal and survival behaviours; medications

Mind & emotions

- More than MH. Includes: self-confidence, positive emotions, culture-bound disorders
- threats to safety, cultural trauma symptoms, racism; diagnosis

Family and kinship

- Includes: family & group relations, kinship attachment, respect for Elders
- child removal from family

Community

- Includes: social inclusion & relationships, cultural responsibility & obligation,
- Disruptions – lateral violence, family feuding, isolation

Culture

- Includes: cultural expression, cultural knowledge, cultural identity celebrations and activities, languages, tik tok, sporting teams, contemporary culture – movies
- Child removal

Country

- Includes: child removal, Connections to responsibilities to land and spirit beings, animals, weather, mountains, deep experience of belonging to Country, yearning to heal Country dispossession of land

Ancestors

- Includes: knowledge and belief systems, the Dreaming, cultural healing practices
- Child removal

The Clinical Psychologist's perspective



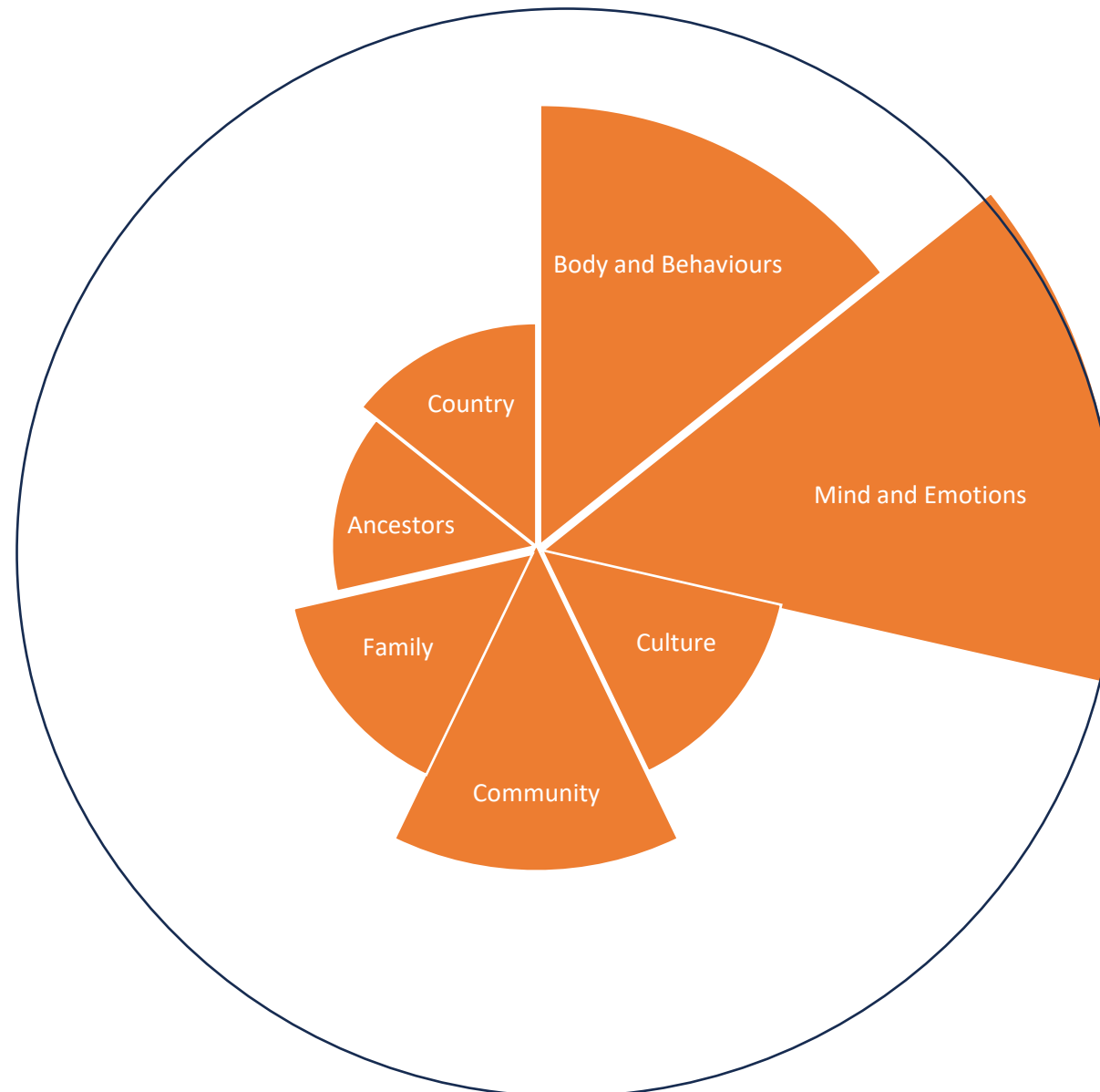
Debbie Haynes

John – 8yrs old

Strengths:
Mind and Emotions
Body and Behaviours

Treatment Plan:

Collaborate with John
And his supports to
Strengthen all other areas



The Clinical Psychologist's perspective

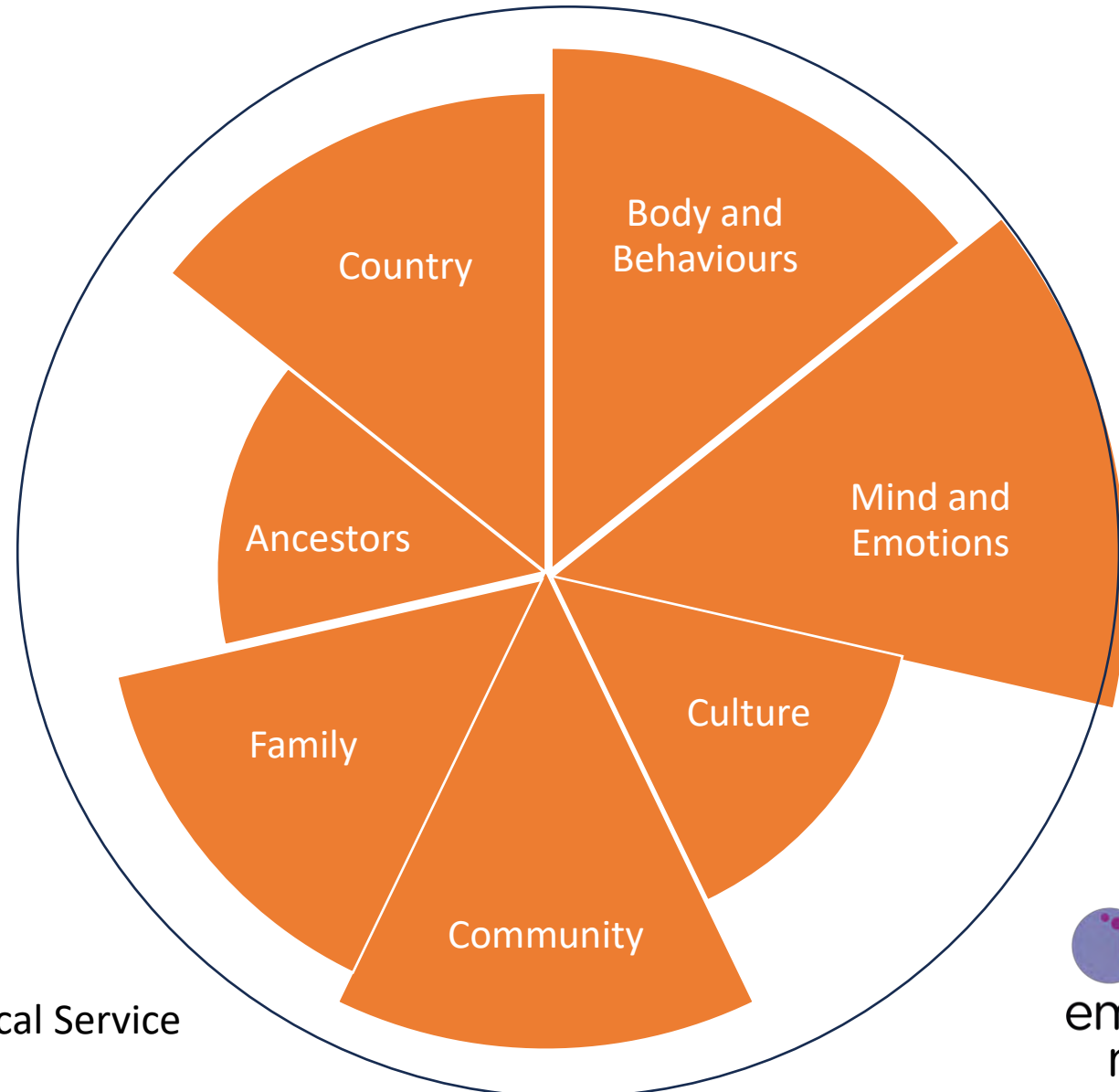


Debbie Haynes

John – 8yrs old

Post Intervention Assessment:

- Strengths across all areas
- Worked with CW to take John back to Country.
- He connected with family that CW did not know about.
- Strengthened connection to Culture, community and ancestors through found family.
- Connected to local Aboriginal Medical Service
- EMDR for Trauma



Q&A Session



Candice Butler
Child Protection, QLD



Dan Mitchell
CEO Aboriginal Family
Support Services, SA



Lana Draper
Occupational Therapist,
NSW



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 Ask a Question

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- Your Statement of Attendance will be emailed within one week.
- You will receive an email with a link to the recording and associated resources associated in the next few weeks.

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Future Webinars

Supporting the mental health of a neurodivergent person with co-occurring Autism and ADHD

Wednesday 26 June at 7:15pm AEST

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MHPN Networks

MHPN supports over 350 networks across the country where mental health practitioners meet either in person or online to discuss issues of local importance.

Visit www.mhpn.org.au to join your local network, a number bring together practitioners with a shared interest in young people's mental health.

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This webinar was co-produced by MHPN and Emerging Minds for the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) project.

The NWCCMH is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

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