

Mental health is a vital component of a child's development and lifelong wellbeing. These **online courses** have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

### Understanding child mental health

1HR

This course is a foundation for all of Emerging Minds' online courses. It will provide you with key understandings that will support your engagement with any of the areas that you choose to pursue within Emerging Minds' resources.

### New course coming soon

A new skills course, building on the foundational knowledge from *An introduction to family partnerships for educators*, is launching later in 2024. Make sure you're subscribed to the Emerging Minds e-newsletter to be the first to hear.

### An introduction to family partnerships for educators

2HR

This course introduces the concept of family partnerships as a practice for supporting children's mental health, development and overall wellbeing. You'll learn about what family partnerships are; how they can be used to support children's wellbeing; and what authentic family partnerships look like in practice.

### Supporting resources

The following resources support the knowledge gained throughout the courses we've recommended. Make sure to save your resources by adding them to your Favourites when you're logged in.



#### Prevention and early intervention **In focus**

Educators are particularly well-placed to support children's mental health through prevention and early intervention approaches. This article explores these concepts more.



#### Childhood bullying and mental health series **Podcasts**

Join our practitioners as they discuss the impact of bullying in childhood and the role that you can play in responding and supporting them.



#### Supporting trans and gender diverse children and their families **Webinar**

This webinar explores ways practitioners and educators can use non-binary language, help families recognise and understand children's choices and support children's mental health where they identify as trans or gender diverse.



#### Understanding child development (0-3, 3-5, 5-8 and 9-12 years) **Fact sheets**

This suite of fact sheets outline the key developmental issues and experiences of infants and children and provides a brief description of how adverse events may be experienced at each of the ages and stages.



#### Working with families to prevent bullying **Practice paper**

This paper describes how practitioners from a range of fields who are employed outside the school system can help protect children from bullying.