

## A whole child approach to disaster recovery

**\*\*Please note that all links provided in this document were accurate as at the date of publication  
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### Emerging Minds Resources

#### Emerging Minds Practice Papers

**Wellbeing for workers supporting children and families after a disaster:** This practice paper is part of a series of resources on child-centred and family-focused disaster preparedness, response and recovery. <https://emergingminds.com.au/resources/wellbeing-for-workers-supporting-children-and-families-after-a-disaster/>

**Practices for supporting infant and child mental health after disasters:** This practice paper is part of a series of resources on child-centred and family-focused disaster preparedness, response and recovery. [Practices for supporting infant and child mental health after disasters - Emerging Minds](#)

**Working with parents to support children after disasters:** This practice paper is part of a series of resources on child-centred and family-focused disaster preparedness, response and recovery. <https://emergingminds.com.au/resources/working-with-parents-to-support-children-after-disasters/>

**Understanding how disasters influence infants and children:** This practice paper is part of a series of resources on child-centred and family-focused disaster preparedness, response and recovery. <https://emergingminds.com.au/resources/understanding-how-disasters-influence-infants-and-children/>

#### Emerging Minds Podcast

**Experiencing disasters: Supporting young people after a disaster:** This episode is the fourth in a series where we talk to families who have experienced disasters. <https://emergingminds.com.au/resources/podcast/families-who-have-experienced-disasters-part-four-how-to-support-children-and-young-people-after-a-disaster/>



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## Other Resources

**Resilient Kids Toolkit:** Royal Far West have developed a toolkit which provides easy to follow strategies for parents to support children through difficult times. <https://www.royalfarwest.org.au/resilient-kids-toolkit/>

**Birdies tree storybooks:** Information and resources to help young children and families grow through natural disasters and disruptive events. <https://www.childrens.health.qld.gov.au/our-work/birdies-tree-natural-disaster-recovery/birdies-tree-storybooks>

**Kids Helpline - Schools Program:** Primary and high school students can get FREE age-appropriate sessions about mental health in an interactive online classroom. Sessions cover a variety of topics including bullying, relationships, online safety, and coping strategies. <https://schools.kidshelpline.com.au/>

**Mackillop Seasons Stormbirds Program:** Stormbirds is an education program that supports children and young people to develop the knowledge, skills and attitudes required to understand and manage experiences of change and loss following natural disasters. <https://www.mackillopseasons.org.au/programs/stormbirds/>

**UNICEF & Royal Far West have collated a list of suggested resources to keep children at the centre of disaster recovery efforts:** <https://www.unicef.org.au/childrenatcentre>